

Relationship with God

Faith & Prayer

Session 03

*This document is a transcript of a seminar
delivered by Jesus
as part of the Relationship with God series of talks,
describing the importance of faith and prayer
for our relationship with God*

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Faith & Prayer: Session 3 Part 1

1. Introduction to AJ's book

Well it's lovely to see you guys again. We've had a very busy month since we saw you last. I'm also trying to get a bit of time to write a book because I wanted to write a book about the basics about Divine Truth. Basically it's like a presentation of the Secrets of the Universe but from a very personal perspective, from the perspective of myself as I discovered these particular things. It should be around about 60 – 200 pages. I'm only up to page 7 at this point. Mind you I have only been doing it for a week, I try and allocate about an hour a day and I usually get a page or two done. Would you like to hear the first seven pages?

Audience: Yes!

Okay. Well I'll read that for you. What we're hoping to do with this book is actually give it away right around the world, and even somehow negotiate with some publishers to do it somehow at cost or something like that, so that they give it away on their websites and do it by donation, just like we've been doing with Divine Truth material. There are some publishers who are interested in doing that at this point. So it should be interesting to see what happens with the book.

What happened with the book is that Raj and Luli in particular have gotten together a whole heap of information from a lot of different presentations that have been done and then they've basically tried to summarise it into a book form of around 50 pages. So I have sort of used that as a basis, as notes – it's quite different to what the guys put together – there's been all this research that's been done by Raj and Luli to get all of this material together, and that helps me a lot when I am writing my book. Basically it means I don't have to put all the stuff together, somebody else has already done that, and I can just write it from my own perspective.

So, here it goes. This is the introduction.

"Since God is the Creator of the universe and the Creator of the laws that govern all the things seen and unseen, only God knows all the truth in the universe. Divine Truth is God's Absolute Truth. As such, God's Truth is infinite, logical, scientifically accurate and the true reality of universal life. Humankind has, over tens of thousands of years, hungered and searched for absolute truth on a large variety of subjects. Usually this search has been through a process of experimentation, scientific or otherwise, with limited results. Since humans are not God, and no one knew how to receive these truths from God, humankind has continued the process of experimentation in order to discover new truth."
[00:12:21.20]

"In the first century, I discovered the way to receive truth from the Source of all truth, the Creator. This way was created by God and only needed someone to discover it through the exercise of their own will. I am Jesus of Nazareth. The way I discovered included experimentation but also involved the essential ingredient of developing a direct relationship with God. Rather than sharing all the truth I discover with others, I focus on showing others the way in which they can also receive truth from God directly."

"My first century wife, Mary Magdalene, and I have come to Earth for the second time, along with another twelve people. I was named Alan John Miller by my parents in this life, and Mary has been named Mary Suzanne Luck. We have returned for many reasons, which include sharing the truths that we have learned from God during our two thousand years of existence on Earth and in the spirit world. More importantly we wish to share the method or way that God created, whereby humans can learn God's Truth and receive God's Love. The teachings in this book are a collection of material that we have presented to, and discussed with, others for over two thousand years."

"These teachings describe the way that we can infinitely grow in all of the qualities that God has, such as love, truth, happiness, wisdom and power, and the way in which we can remove from ourselves any quality that God does not have, such as sadness, fear, unhappiness, pain and suffering. Our personal infinite growth in God's Qualities and infinite growth in the development of our own soul, our individuality and personality and character, is only possible by engaging this way to God. Absolute truth is all encompassing. It describes the nature of the physical, spiritual and soul-based universes and dimensions, the structure of these universes, and the loving laws that govern them. It also describes the nature of the human, the physical body, the spiritual form and the completed soul and how the human soul operates and

controls the physical and spiritual forms. Along with every aspect surrounding the development and progression of the human soul, and how it interacts with its environment, it describes the created state of the soul and also the full potential of future states and how the human soul can grow infinitely and become completed in love." [00:14:57.08]

"It demonstrates how the human can become at-one with God in love, a state where all of our feelings and beliefs surrounding love will automatically be in harmony with God's Love, where we will automatically act in harmony with God's Love without needing to try, and where we will only ever experience joyful and pleasurable emotions just as God does."

"Following God's Way will affect every area of your life just as it has impacted upon every area of my own life. It will involve a growing, ever changing, loving, personal relationship with God, with yourself, with your soulmate, your children, with your friends and acquaintances, with people who have passed into other dimensions, with your environment, with the universe and even with those whom you now see as your enemies. It will demonstrate to you that if you receive God's Love everything else will be added to you."

"I can assure the reader that everything I've written about in this book is true. I'm not making up stories, presenting theories as facts, nor am I just hoping that what I'm teaching is true. Rather all of the things I've presented here I have discovered through my own personal experience and I suggest to you that no matter who you are, you can do the same. God's Truth can only be fully understood through a personal experience between oneself and God, which will be emotional and life changing. It cannot be fully understood with the intellect, since intellectual development has limitations whereas emotional experience has no limit. This book is a means to provide an overview of God's Truth, but a personal relationship with God will be necessary and essential in order for the material in this book to be truly comprehended."

"In addition, it is essential that the reader does not assume that this book, or any other book for that matter, can describe all of God's Truth. This book is an introduction to the infinite truth that is available for each of us to receive from God about ourselves and every subject within the universe, should we choose to engage a personal relationship with our Creator. God's Truth is infinite in nature and although simple to obtain is complex in its implementation. So humankind will continue to discover more of it throughout eternity without ever knowing Divine Truth in its entirety. Only God will ever know all of God's Truth. God is Divine and absolute truth is Divine Truth." [00:17:33.18]

So that's the introduction. I won't read much more now because I think it will bore you maybe. (Laughs) But then I go on to discussing God and my personal experience with God and so forth, and we go through many of the other things about the human soul, what happens to the human soul and so forth. So hopefully it will give people a good understanding and grasp of the principles of Divine Truth from an intellectual perspective and it'll be a great first book to read. That's what our goal is, to actually make it an engaging and quite powerful first book to read, emotionally.

So when I discuss issues about God, I will read you a bit of that as we go through our seminar over this weekend, and you can tell me and give me some feedback. That'll be good as well. Any comments that you'd like to make about it? (Laughs)

Participant: Only when you were reading that out I was getting visions of laying back in an armchair with children around and reading that book to them. Instead of night time story books, that would be the book in the home to read in the future. And I thought it was very beautiful.

Yeah I'm hoping that it will be quite a personal book as well. I've started it out being quite personal, as you'll find in the section about God, and the reason why I would like that is because I want to take people on the journey of the discovery of the truths that I've been presenting to you. The problem with these presentations, and any seminar that I give, is that I can't really take you on the journey. The only thing I can do is present a whole series of truths to you and then you decide whether or not you want to go on the journey or not with God. So what I'm trying to achieve with the book is to try to help people go on this journey with me, so that I can describe the journey and people can come to see what kind of journey they will probably need to engage, if they're really truly going to have a relationship with God.

2. Introduction to Faith & Prayer Session 3

The reason why I raised this is because there are some fundamental questions actually that each of us must face with regard to our relationship with God. Yet many of us ignore these fundamental questions. So to give you an example, does

God exist? That's a fundamental question. It's pointless trying to have a relationship with a god that doesn't exist. If there is no god that exists then why try to have a relationship with God? It would be just like a figment of our imagination. So one of the very first things that we should determine in our progression is whether God exists or not. And my feelings are, if we haven't personally done that yet, you can't hope to receive Divine Love without doing it. So we need to start at that place. [00:20:47.19]

The second place I would look at is what are God's Qualities? What are God's fundamental attributes and qualities? Who wants to connect to a God who's like the Bible God? You know, the one that's going to come and destroy all the wicked, and you don't really know whether you're wicked or righteous because sometimes the rules seem to change for each person. Is that the kind of god you want to connect to? So for a lot of people this is why they don't have a really good relationship with God; because they do believe in a god that has qualities that are very human. In other words they believe in a god that has anger and rage and wrath and desire for punishment and resentment. These are all things the Bible does say God is, but is God really like that?

Now unless you have a way of determining whether God is like that, it's highly unlikely you'll have a relationship with God. And so this is one of the things that I've described in the book; how I went through the process of having this awareness come to me through the experience rather than just talking about God's Qualities and not addressing the emotional reasons why we can't accept these particular qualities as God's Qualities.

This really brings me to the topic I wanted to discuss with you today. The topic is still part of the Relationship with God series, and we're still talking about Faith and Prayer. There's so much that I didn't get to speak about last time, and I doubt whether I'll cover all of it today either. So we're probably going to have a session 4 about it set up tomorrow. So that's the topic we are raising again.

3. Summary of the attributes of faith

Last time we got together, we discussed this issue of faith and what faith really was. Now can you remember some of the main points that we gave about faith last time we got together? Do you want to just make some comments? A lot of you are getting quite shut down by spirits with regard to your questioning, so just put up your hand if something comes to your mind, just put up your hand and we'll go from there.

3.1. Faith is based on facts

Participant: For it to be faith it needs to be a fact, it needs to be the truth, God's Truth.

So it has to be based on facts. Now can you see why that's such an important point? What's the point in having a faith in something that's wrong? At the end of the day you'll spend years and years and years and years trying to discover it, and because it's wrong or not a fact, you'll never discover it of course. Then what do you do? Well that's when we came up with things like blind faith. Now I suggest there's nothing blind about faith. Nothing blind about that at all.

3.2. Faith is based on past experience

Participant: It's based on past experience.

Okay. So it's also based on past experience - truthful experiences that we've had in the past. In other words, it builds as well. So for example, remember in Faith & Prayer Session 1 I brought up the issue of flight, and remember we talked about the different people who have been involved in the process of flight over the many hundreds, and in fact few thousands of years of human history that's been documented. There has been a documented series of events that have occurred during that period of time that talk about flight and the different things that they've discovered of flight. Each subsequent thing built on a previous one because the experiences and the discoveries of the previous group of people led to the next group of discoveries. As a result even in this century just gone, the twentieth century, we went from having complete uncontrolled flight for just a few moments, a few seconds, right the way to so controlled flight where eight hundred people can travel fifteen thousand kilometres safely in that period of time because each thing built on the previous thing. So built on the past experience. [00:25:47.21]

3.3. Faith requires experimentation

Participant: To grow faith requires experimentation, which kind of implies a willingness to not always be right.

Okay. So we can't expect to be right all the time. So we've got to be able to experiment. Now the problem with many religions on the planet is they have a very, very set group of laws and principles, and that restricts what you would call experimentation. Now I'm not suggesting that we need to experiment with things that are obviously immoral or unethical, but we do need to have some kind of experiment in order to discover new truth. This is how a scientist would work, yes?

3.4. Faith is a personal emotional experience

Participant: Along those lines it's something that we have to develop within ourselves.

Right, so it's a personal emotional experience. It's got to be personal and it's going to be emotional as well. It can't be just something that just you think about, but it does involve your thoughts because obviously it's also logical. If it's factual it's also logical, but it also has to be a personal emotional experience.

Participant: And would that be part of the longing, like when you develop that?

Yes, well this is something I would like to talk about today in terms of how our faith grows, how our faith continues to grow over periods of time. And of course the longing for truth and the longing for love will help our faith grow in both of those longings.

3.5. Faith is not a given

Participant: Faith is not inside our soul. It has to be developed: a quality that is developed.

Alright so it's not a given. It's not a given, it's not something that God just put in there and everything's fine. It's something that you've got to grow, and it has the characteristic of being able to grow infinitely. You can get to the point where you have an infinite amount of faith. Well that's God's Domain, and we can grow and grow and grow in faith as we go through. And in fact at some point in our growth it turns from faith into a certainty, something that's completely factual and certain, something that we know that we no longer need faith to believe in anymore, because we know for certain through our own personal experience that it's a fact. That's where faith will lead us, to that point.

3.6. Faith requires experimentation and an element of risk

Participant: The experimentation is risky, it has risk involved.

There are risks. Yep. What risks? You think about the guys who were experimenting with flight, what was the risk there? (Laughs) Death was the risk, right? So this is the thing with experiment. There are ways to circumvent the risks to a degree but you can't expect there to be no risk with any experiment because for all of the discoveries of humankind, and particularly discoveries that we've made in this twentieth century just gone, most of them involves risks of some kind. So you can't expect everything to be risk free. [00:29:19.11]

Now many of us want it to be risk free, don't we? Have you found that with your life? You sit there at home watching telly, playing some video games or whatever, and then you think about going out into the world and then you go, "No I think it's safer to sit home doing my thing." We have a strong aversion to the potential of our life being damaged further than what it is and so that often causes us to have a very, very large fear of taking risks. Many of us are actually still in that place of taking risks when it comes to developing our nature and character.

For example, many of you I still notice have a lot of problem with taking the risk of being truthful, for example. There's still this desire in you - "maybe I need to just falsify it a bit and that way I'll protect something," and not understanding some things, as we'll go through in this discussion today.

3.7. *Faith and hope*

Participant: I can't shake this thing that we've talked about somewhere along the line in the past where faith is something not yet seen but hoped for. Is that the beginnings of faith, when you just experiment and you don't know yet, but you're willing to ...

We didn't discuss this in our last presentation, but you could say that hope is like the imagining of faith. We've got to be very careful with hope though because many people hope for things that are not true. Many of you hope for things that are not true in your day-to-day life, and I used to do that quite frequently with my interactions with other people - I used to always hope that they'd treat me well. And of course, when you didn't get treated well under those circumstances, what did you experience? Some pain and suffering, whereas once you give up that hope, because it's actually a futile hope (laughs), then you know for certain how you're going to be treated through the experience of the individual. So when I know a person and I can feel their emotions, now I know how I'm going to get treated. Sometimes they'll treat me well, and under other circumstances they'll treat me badly, and I know what circumstances they'll treat me badly. And I know what circumstances under which they'll treat me well. Now that is faith rather than just hope. Hope, remember, is not necessarily based on fact whereas faith is. [00:32:02.14]

3.8. *Faith is something we hold on to because it is based on facts*

Participant: Sometimes faith is like an act of will; to either choose to have faith in something or be overcome by darkness. It's like sometimes I have to choose it or hold on to the faith in the early stages?

Okay. Yep. I agree. Faith is something that you need to hold onto but you always have a good reason to, don't you? Because in the end it is based on fact. So it's not like there are bad reasons to hold onto things. There are good reasons to hold onto things when they're based on fact, but it's pretty pointless having faith in something that's not a fact. So it's no good holding on to things that are not facts, is it? In the world today, the majority of us continue to hold onto things that are not facts. We put our faith in them, we put our hope in them, and of course we're going to get disappointed because it's not a fact. Sooner or later it's only the facts that are worth having faith in.

What I'm saying is that God's existence is a fact, and all these other things that I'm presenting are facts, but they're only facts that I've established for myself because many of you have yet to establish them for yourself.

The trouble with someone getting up here and saying to you, "I've established this fact and that fact and this fact and that fact and this fact," while it might all sound very good, at the end of the day it's not going to change your life until you establish those facts for yourself. This is where it's a very personal experience. This is why it's pointless listening to somebody speak without taking some action and attempting to try the experiments. Without experimentation, in the end you're going to end up with the same result as anybody else, and that is you'll have heard a whole heap of things that you don't know whether are true or not. What we want to do is make sure that we get beyond that point into the area of certainty, where everything is certain.

It's only when everything is certain that you actually have a tendency to relax. Have you noticed that? So imagine, if you knew more and more things about the universe as certainties, can you see that you would also become more and more relaxed in the way in which you lived your life, the way in which you trusted how everything is going to work? Everything would come quite clear to you in that place.

3.9. *Faith requires experimentation and an element of risk (continued)*

If everything's not certain, then of course you've got to go through a process of experimentation, and as we've said the experiment involves a risk, and one of the risks is that you'll be disappointed. That's one of the risks. Yet our willingness to be disappointed is a part of faith; our willingness to actually go through a process of experimenting only to find out in the end that it was all wrong.

Now what's happened for many of us is that we've done that in the past, we've experimented with one thing and we've experimented with another, sometimes, and in particular with religion, we've often experimented with one type of concept and then experimented with another, only to be disappointed at different times. And after a while we become

disillusioned. We become cynical. I don't know about you, but one thing I notice in the human race is a lot of cynicism. And even worse, I feel, is we become cynical about love. We don't believe love actually works. We don't believe that love actually has the power that it has. We've become so cynical in fact that we close ourselves down to love, and that's something that I'd like to talk with you about, with regard to faith, during our discussion today. [00:36:23.20]

3.10. Faith causes action

Is there anything else that you can recall about our discussion?

Participant: That the development of faith has the potential to lead us into joy?

Yeah, well the development of faith, actually, causes action, and therefore it's going to result in a lot of things besides just joy. Joy is one of the qualities that result from it, but there are many other things that are going to result from it too. Once we act, and then we experience the joy of having some certainty, because we've moved from having faith in the concept to knowing for certain about the concept. Once we do that, you experience the joy of knowing for certain.

3.10.1. An example of scientific discovery

If you imagine what it must have been like for the Wright brothers when they flew for the very first time. I think it only lasted for a few seconds. I can't remember exactly how many seconds, but I think it was about eighteen, twenty seconds, where they had a controlled flight. And then a few months after that they had a six minute controlled flight. You imagine how elated they would have been after that? You imagine them just jumping around, although from what I've read about both of the men, I haven't met them personally, maybe they didn't jump around all that much (laughs) because I know they were quite sedate people.

There was this feeling in them that pulled them, and obviously you imagine the joy of actually having it happen after you've just imagined it happening; having faith that it'll happen and looking at all the laws involved. They had to find a lot of laws of aerodynamics for it to happen. There are all the laws of controlled flight, which are all the laws involved with aerodynamics. They had to discover every one of them, and apply them. Even if somebody else discovered them, they had to put them into application, and as a result they finished up with these flights.

Now of course I'm not saying that they were the very first people who ever flew, because historically there are quite argumentative facts about who was in fact the very first person who flew. But they learned how to have controlled flight. So it's not just sort of jumping out of a window and hoping for the best, they could control their flight through understanding the properties of flight. [00:39:04.15]

This is what faith draws us into doing. We take actions, building upon the laws, and past experiences. We experiment but our experiments are not useless, they're not just based on imagination, they're based on the truth of past experience. So it's not a silly process, developing faith is actually a very, very scientific process. In fact without faith no scientific development would have ever been discovered on this planet. We would have made no scientific progress on this planet without somebody having some faith; somebody having some imagination and then doing some experiments and working through the issues of experimentation.

If you look at a lot of our scientific development over the last hundred years or so, a lot of it has come through the experimentation of the electronics side of things. A lot of our growth has occurred through this experimentation. Electronics involves the natural laws that man discovered. We still don't know what causes electricity to flow really. We still don't really understand it. We have a lot of theories that seem to be proven as fact, and we've measured the results of it. In fact all of us base our entire life on it now, and most of us are willing to trust our life with it now, whereas a hundred years ago that wasn't the case at all. Yet we still don't really know the underlying reasons why there is this seeming flow of electrical energy, and how the flow actually occurs. Nobody really understands what's really going on at the sub-atomic level. However we have a lot of theories - lots and lots of theories in fact. But we have measured the actual action, the results. So we know for certain that something is happening because we use it every single day. Now, for many of you, it's just as natural to pick up your mobile phone and talk to somebody on the other side of the world as it is for you to jump in the air. And I suggest many of you probably pick up your mobile phone more than you jump in the air in the course of a day. (Laughter) And that's because it is such a natural thing for us to do. We don't understand the laws

involved so well, but we understand them enough to use them. And that's a growing thing with regard to our faith in the electronic side of things.

So faith has all of those kinds of qualities.

- FAITH - BASED ON FACTS (LAWS)
- BASED ON PAST EXPERIENCES
- EXPERIMENT (RISK)
- PERSONAL EMOTIONAL
- NOT A GIVEN - GROWS
 - FAITH ⇒ CERTAINTY
- HOLD ONTO
- ACTION

3.11. Faith is based on God's Laws

We had some more that we wanted to add?

Participant: Well you've really just answered what I was going to say, because I was going to say that faith needs to be based upon law, upon God's Law, and we need to experiment, based on God's Law.

Yeah. So there are not just the physical facts, but there is also the structure that governs the physical facts. I feel this is a very important area of investigation for humanity. It's something I've been fascinated in for two thousand years; this investigation of the structure that governs the facts, and that's what I call law, or God's Laws. To me, discovering laws is a more fascinating process than even discovering what the facts or the results of the laws are. So it's a very fascinating area of investigation. [00:43:07.23]

3.12. One person's faith can change the world

Participant: One of the things this discussion taught me was that God wants me to be a scientist, God wants me to investigate, and God wants me to be curious. If I don't have that personal growth, if I'm not willing to do the experimentation and have the personal emotional experience, I won't ever get to certainty.

No - even if everybody else around you gets too certainly, you still won't necessarily be at certainty. Although it's interesting with faith that if one person has faith in some area, generally what finishes up happening is they finish up influencing all the people in that area. So if you think of a hundred and fifty years ago, how many people thought it was possible to get to the moon? Well quite a lot of them thought it was possible perhaps, but the majority of people on the planet laughed and scoffed at the idea. The same applies to flight. The majority of people on the planet laughed and scoffed at the idea of controlled flight. However, now a hundred and fifty years later, what do we find? We find that we don't laugh at those concepts at all. In fact all of us see how simple it seems to be to get there. When we say simple, obviously there's a lot involved, but man has done it and therefore we know it to be a fact.

I feel this is also one thing we need to bear in mind, is that it just requires one person on this planet to have faith in something, and then eventually work through their faith to the point where through their experience it becomes a certainty, in order for every person on this planet to be affected by that choice. That's how a single person can change the world. Just like that. It's only through acting upon their faith.

So you can see it's a very powerful quality. It's a very powerful quality and it is not religious in its nature, although it can have connotations for our investigation of God. Faith is something that we engage all the time. Every single day we engage faith. Now some of us do it more than others; some of us take higher risks than others. But we still engage our faith every single day. Often we don't call it that. We call it something else. But faith is the right term for it.

3.13. Faith is something we hold on to because it is based on facts (continued)

Participant: Faith is not ephemeral. It's not transitory. It's constant, no matter the circumstances.

Yes. If it's real faith, we have a feeling that we never let go of, we hold onto it all the time. We never let go of it. Obviously that's very different than lacking humility. If we lack humility, then we're not allowing ourselves to change, and faith does allow change; because it is an experimental process, it's going to allow change. But it doesn't mean that we just throw away things all of a sudden unless they are false. Of course when they're false, we do throw them away, when we have proven them to be false. Not because everybody else is laughing at it, but because we've proven it to be false. [00:46:49.24]

So as you know, quite often Mary and I get laughed at quite a lot. Even when we're interviewed by people in the media and the public, we often get laughed at quite a lot. In a way I find it quite interesting that people do that because it's not very logical to laugh at somebody that you haven't proven to be false. I also feel it's not very loving to laugh at anybody under any circumstance, but that's a separate decision. But if it comes to logic, it's not logical to laugh at people who you believe are wrong unless you've proven it to be wrong. And even then you've got to consider is it loving to laugh at them? Surely you would rather have compassion for them, wouldn't you, if you loved them?

What we find frequently is that most of the people on this planet, and even yourselves at different times have, if you think about your past, held on to the concept that what the general public believes in is true, and anything that's outside of that scope must be laughed at or ridiculed. And many of us have laughed at all sorts of things, if you think about it, only to find out later on that it was true.

And this is what we've got to be very careful of because faith would prevent us from doing such a thing. If we truly had faith we would know what we don't know. And if you know what you don't know, then you don't laugh at people who haven't proven it either way, and have a different idea or concept than you do. So it's very important to understand how faith would actually affect a lot of your life in the long run.

So that was our discussion; we discussed faith and then we discussed prayer a little bit the last time we got together. But I would like to leave my discussion about prayer a bit longer because I want to focus on some things about faith that many of you may not be aware of how it's influencing your life already in negative and positive directions. [00:49:13.17]

4. Five primary qualities that are essential for soul growth

Now in the past few years in particular, I've talked to you about six or so primary qualities. If you analysed all the things that you've seen, particularly if you've listened to my presentations for a long time, what are the primary qualities that keep on popping up in pretty much every discussion that we have? Humility is one of them.

Participant: Steadfastness?

Steadfastness? It's probably not one of the primary things that I've discussed I don't think.

Participant: Sincerity?

Yes, but there are some bigger qualities than that even.

Participant: Love and truth?

Yeah, truth and love.

Participant: Ethics and morality?

Ethics and morality, yes, which are all part of love and truth I feel.

Participant: Passion and desire.

Passion and desire, yes, but there are bigger ones than that, that I've discussed with you.

Participant: Courage?

Courage, yes, but ...

Participant: Free will?

Will. Free will or your will. Very, very important thing. Many of you are missing out on exercising your will even though you don't realise it. One more quality that is a primary quality in your future? [00:51:38.10]

Participant: Honesty?

That's in truth I think.

Participant: Faith.

Faith! (Laughter) The one we were discussing. (Laughs)

HUMILITY
TRUTH
LOVE
WILL
FAITH

Alright, you've listed a lot of what I would I call positive qualities; in fact they're the five most important things for you to develop. In fact all other things that you develop will come as a result of developing those particular things. But there's one thing that is not on the board that I've discussed with you very frequently. Any idea what that is? [00:52:40.14]

Participant: Repentance?

Yes, I have discussed repentance, but that's one of the laws of love.

Participant: Prayer?

Prayer, I have discussed prayer. Prayer is an operation, whereas humility, truth, love, will and faith are all qualities. One other thing that's very important to the rest of your existence but it's not a positive thing. What is it?

Participant: Self-reliance?

Well yeah where does self-reliance come from though? This quality is why we become self-reliant.

Participant: Lack of depending on God.

It is a lack of dependence on God but why would we choose to do that?

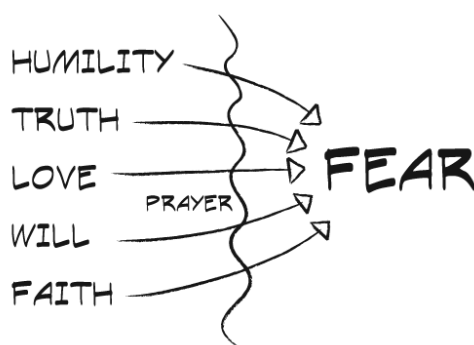
Participant: Fear.

Fear.

5. *How fear impacts on humility, love, truth, will and faith*

Now I'm going to write it on the whiteboard in large letters because at the moment for the majority of us, it's the largest thing in our life. Now humility, truth, love, will and faith – these are the qualities that I've discussed with you the most in the last five or six years that you've heard from our recorded discussions. These qualities appear in almost every talk that we've ever given; all of them at the same time appear in most talks we've ever given.

Now what I would like to discuss with you is this problem with fear - how it affects your faith and how it affects the choices and decisions you make in your life. I would like to discuss that with you because most people don't have faith in the truth. They actually have faith in their fear. And most people don't use their will in harmony with love and truth; they use their will in harmony with fear. And most people don't know how to love, because most of the time they are afraid. And most people don't tell the truth or even want to know the truth because most of the time if you hear it you are afraid. And most people don't want to cry and most people don't want to acknowledge where they're at, at any one point in time, because most of the time they are afraid. (Laughs) This is a problem, don't you think? It's a big problem. [00:55:44.00]



Fear negatively impacts on the important five qualities (left) for our progression

Now how can you ever develop these qualities - humility, truth, love, will and faith - when fear is your primary motivator? I suggest to you that for the majority of you, fear is still your primary motivator and you're not willing to confront the truth about fear: in other words you have no faith that fear is not real. You feel the fear in your body and you feel the fear in terms in your heart and your emotions, and as a result of feeling it, you believe it is real. But there are people in the universe who know one fact, and that is, for them, fear does not exist. In fact every single person who becomes at-one with God no longer is afraid of anything.

Now why is that so significant? Well let's just for a moment do a little side shift. In 2010 I think it was, and in 2009, I gave a series of talks about fear. I think the very first one was called "Fear is your friend". How many of you think fear is your friend right now? Still no one! That was a truth that I presented in 2008! So it's now 2013, and in 2008 I think it was I presented the fact that fear is your friend and not your enemy, and still none of you believe it. Now why is that? Because you're afraid! (Laughter) Good answer!

2008 ⇒ 2013

FEAR

And then in 2009 I gave a series of talks, and one of the talks was "Fear Revisited", like "Brideshead Revisited", but "Fear Revisited". (Laughter) And of course that talk is mentioned quite a lot by the media because I showed some videos, just trying to help you confront your fears in different areas, and of course they then thought that I was trying to show you videos to make you frightened of 2012. But, we gave those series of talks about fear in 2009.

Why do you think that some of the very first talks I ever gave on this planet when I've returned were about fear? Because fear has a huge effect on your life. A much greater effect on your life right now than the majority of you are even aware. Do you know that many of you don't put up your hand even in a seminar because of fear? For many of you it's the same

fear that's been there since the very first seminar you came to. That fear is just one fear that hasn't changed for many of you, and of course spirits and other people come along and manipulate that fear. They change your behaviour through your fear. [00:59:24.21]

You have no other enemy other than fear, and it's not even an enemy, it's a friend! (Laughs) So this is a problem we have - we still see fear as our enemy and we don't see that it's our only problem. It's our only problem with regard to developing these qualities - humility, truth, love, will and faith. And what I would like to do is illustrate to you how that's the case and how that relates to faith.

6. How fear impacts on faith

Most of you have faith in your fear. And in fact your faith in your fear is greater than your faith in anything else because as soon as your fear is triggered, you forget the truth, you forget love, you forget humility, you forget your will, and you give all of those things away. You give away your will, you give away love; you don't trust it anymore. You give away the truth; you don't tell the truth anymore. You forget these things. You give away humility; you don't let yourself feel what you're really feeling in that moment because you're terrified. And in that moment faith is not guiding you, or we could properly say, faith in the error is guiding you.

6.1. Fear is false expectations appearing real

Now fear is all about error. And when I say error, I'm now talking about the things that are not true in the universe. Remember we said that faith was based on things that are facts. Error is based on things that are ideas, concepts, imaginings and so forth, and none of them are facts, but you think they are facts. Remember when we first gave the very first talk about fear in 2008 I talked about fear and this concept, and many others have said it before me, and that is that fear is false expectations appearing real. So it's error or things that are false appearing real. You believe they're real even though they're not. Isn't that having a faith in error? Believing something is real even though it's not real.

FEAR

ERROR FALSE

IDEAS, CONCEPTS,
IMAGININGS, ...

Many of you criticise other people for doing this. I've noticed that if a person who's Christian discusses their Christian beliefs with you, many of you defend what you believe but also you go on this sort of attack of their false belief. So if their false belief happens to be the belief in my blood as a sacrifice for their sins, you then attack that false belief, but really all they're doing is the same thing you are doing on a day-to-day basis with your own life. You are believing in things that are false that you think are true, and that dictates a lot of the choices that you make, just like it dictates a lot of the choices the Christian makes with regard to that belief that they have.

So we've got to be careful that we're not hypocritical; that we start to see the real problem, and the real problem is that whenever we believe in things that are false, we have no hope for our future. Whenever we have faith in the errors, we have no hope for our future really, even if you believe you do. [01:03:37.06]

6.2. An example of fear blocking the truth about soulmates

Now do you remember in the very first presentation I gave publicly in 2008? (Obviously I gave five years of presentations privately before this time.) Some of you were even present there. Who was present at the very first talk in 2008 at Peter Heibloem's shed? A few of you? Yeah. So the very first talk was called The Secrets of the Universe, and in that very first talk I presented some concepts and ideas that I know as fact. Of course nobody else knows them as fact on this planet unless they've experienced them, and there's only been thirteen other people other than me on the planet who have experienced them. But I presented them as fact at the time.

In that presentation I discussed with you the concept of soulmates. I discussed how the soul splits in two. Many of you have seen these kinds of presentations since; how the soul splits in two, one half of the soul connects with two bodies, the spirit and physical body, the other half of the soul connects with the two bodies, the physical and spirit body. Remember I've discussed this with you many, many times, so much so that most of you know it down pat. Isn't that the case? You can ream it off the top of your head, relating it to somebody else. How many of you have experienced it? Yeah, not many. Do you know why? Because you're afraid of it and you believe in something else. That's why you haven't experienced it.

Now that's something I've presented as a fact, again, five years ago, and yet here, in 2013, five and a half years later, the majority of you have yet to even experience it. It's still not a fact for you. In fact the majority of you have no faith in it actually, at all. Can you see how you've been holding on? There's got to be some errors in there somewhere that stops you from having faith in that, even as a concept. [01:06:04.21]

Now I've presented a lot of proof to you that it's true, proof about how the soul comes together. But also physical proof is available to you in the world around you. Why are people attracted to each other? Why does every single person on this planet want to have one person at least that they live with? Why is it like that? Why is there this underlying longing inside of the individual? It's because of this issue of soulmates. That's why it's there. You have it happening in your day-to-day life, and yet there's got to be some error that stops you from having faith in it because if you actually had faith in it, after five and a half years of experimenting, don't you think you would have probably found out more than you have found out about it at this point in time?

So what stopped us from experimenting? Fear stopped us from experimenting. Now I'm not suggesting being immoral or unethical, I'm just saying fear is the thing that stopped us from experimenting with this concept of soulmates. Now how many of us know for certain that you're with your soulmate? A few know for certain. Now can you see from that one illustration that five and a half years of presentation of facts to you has not turned that thing into a fact for you? Can you see that? It hasn't turned it into a fact for you. Five and a half years of presentation about that information.

Now we can't really laugh at somebody else for how slow they are, can we, if we look at that? We've got to say, "Okay there's something going on there. After five and a half years of having this thing presented to me that I actually do feel is quite a loving thing, I think I feel that at least, there's got to be a lot of fear that prevents it from actually becoming a reality in my life if I'm experimenting with it. And why aren't I experimenting with it? Well probably only because I'm afraid. That's the primary thing that's going on in my life."

So it's the fear that dictates all of whether you're going to develop in these qualities - humility, truth, love, will and faith. It's the fear that is controlling all of these things at the moment. In fact you could say fear has become our god, and we literally worship it. On this planet, we worship our fear. It is a planet-wide problem with the human race. As soon as you do something different, everybody laughs at you, everybody ridicules you, everybody jumps on what you're doing. They are all afraid.

FEAR ⇒ GOD

Now what I'm saying is we are all afraid. So how does this affect how we use our faith?

6.2.1. Common fears about soulmates

Well at the moment, we have faith in what our fear tells us. So let me just use an illustration with this. With the soulmate issue, what does your fear tell you?

Participant: It's impossible for me to have a soulmate.

It's impossible for you to have one?

Participant: Yeah. That's how I feel.

Right, okay.

Participant: I feel like it can't be, it's not true. It's painful.

So do you feel it's true for you, or for others or just not for you?

Participant: Just for me. I'm the only one. Yeah.

Okay. So you have a personal feeling that everyone else has a soulmate except Sandra.

Participant: Yep.

Wow ... yep. So we could just say, with the soulmate issue, it's not true. We have a personal feeling that it's not true. We don't have one. What else have we got?

Participant: I might not like my soulmate.

Okay, you won't like them. How many of you feel that you're not going to like them? Yeah, quite a few. What else do you feel?

Participant: Soulmates are all about love and I'm shit scared of love.

Okay, so your soulmate frightens you, is that the idea?

Participant: Love frightens me.

Love frightens you. So that's an interesting concept in itself that's a big error (laughs) but how does that relate to your soulmate? Tell me how that relates to your soulmate. Basically you don't want them. Is that how it is? [01:12:13.03]

Participant: Yeah, I don't want them.

"I don't want her/him". I'll just remind you that when I say "them" it's her or him.

Participant: My relationships haven't worked before, why should it work now?

Okay, yeah. I don't want to take another risk.

Participant: It'll be painful.

Yep, like it's a painful risk. Okay. Anything else that we've got there?

Participant: My soulmate won't like me.

Yes! That's a good one. So they won't like me, and remember it's him/her.

Participant: If you have an attraction, it's the biggest mistake that you can make if you pick the wrong person.

Okay, so a risk of making a mistake. You might live with them even for a few years or whatever and then go, no this person's not my soulmate. That would be hard.

Participant: Fear of exposure and intimacy.

Can I just call it intimacy issues? Intimacy issues, so I'm afraid of being intimate.

Participant: Afraid of losing myself.

Ah, yes, afraid of losing self. Lose self or could we say you want control? Afraid of losing control.

Participant: Does your soulmate have to be your partner?

Okay. I'm deciding whether I want my soulmate to be my partner or not. Nothing has to happen but the fear is what if my soulmate's not my partner? Isn't that the fear?

Participant: No, I'm just asking the question, whether you're referring to just a partner. I firmly believe my sister was my soulmate.

It's probably impossible for your sister to be your soulmate.

Participant: Okay then. That was my question - can they be?

Yeah, but the issue really is a question of who is my soulmate? A lot of times we feel our soulmate is a person who understands us or we understand them well. But what if our soulmate doesn't understand us at all? That might be the feeling we have. So there are all sorts of questions that it does relate to. If you listen to the soulmate presentations, we talk about who the soulmate will have to be at one point or another. [01:15:48.07]

Participant: I feel unworthy.

So you feel unworthy. So they won't like you because you're not worthy, is that the feeling? Yep. Okay.

NOT TRUE	THEY WON'T LIKE ME
I WON'T LIKE HIM/HER	RISK OF MAKING MISTAKE
I DON'T WANT HIM/HER	INTIMACY ISSUES
PAINFUL RISK	LOSE SELF
	LOSE CONTROL

Now we could probably go on for the next half an hour asking the reasons why not. Can you see that all of these things are your faith in the error? There's not much faith in the truth in there, is there?

6.2.2. *Truths about soulmates*

Let me talk to you about the truth that I've spoken to you about many times with your soulmate. Firstly, everyone has one. So there goes Sandra's error. She believes she doesn't have one. Every soulmate, who is the soulmate of someone else, is the perfect and ideal God-created partner for that particular person. So there goes the idea of whether they'll eventually like you or not, or that you'll eventually like them or not.

The fear of love? Isn't that just a fear? A false belief? Surely love, if it's real love, would never be controlling, would never be overbearing, would never be manipulative, would never be any of these things that we're all afraid of. So obviously if we're afraid of love we're not afraid of love, we're afraid of something that masquerades as love. How can it be a painful risk when God created it not to be? How can you make a mistake eventually if you are willing to experiment and discover yourself in the end? How can making mistakes be your main concern?

Surely intimacy needs to be addressed and dealt with rather than just living in fear of it? If you're worried about losing yourself then you've already lost yourself right now. If you're worried about losing yourself, then right now you've already lost yourself. That's why you're worried that if you are with somebody else you'll lose yourself. Also, if you're seeking control, then haven't you learnt the truth that it's impossible to control anything? Haven't you learnt that truth in your life yet?

There are so many things, that we could list here with all of these things, that are all to do with false beliefs. And it's our fear that stops us from releasing these particular beliefs from ourselves. So you have faith that these things (about soulmates) are true. That's why the majority of you have not met your soulmate; because you have faith that these things are true. They're not true but you have faith that they're true. [01:18:54.15]

6.3. *An example of fear blocking the truth about God*

Alright let's talk about the issue of God for a moment. How many of you feel that you have a day-to-day beautiful connection with God? Right, just a few. I can't agree with you, Elizabeth, actually. You have a connection with a lot of spirits that you think are God.

6.3.1. *Common fears about God*

Now why don't we have a good connection with God? That's the question. What do we really think about God? That's the question we need to ask ourselves. What do you really think about God? Do you think God exists even? So maybe the error belief that's still inside is - God does not exist. Any other beliefs that you feel inside yourself about God? [01:19:55.16]

Participant: God's going to treat me like my parents treated me.

Right so, Deb, you're feeling like God's got ulterior motives all the time, and is going to try to harm you at some point. That's really what you're feeling. So God is manipulative, controlling - we could list a lot of things there that a lot of us still believe about God - punishing, et cetera. [01:20:48.17]

Participant: I personally am incapable of opening up to God.

Is it just a personal feeling in terms that you feel that you're permanently unable? Or do you feel that it's a temporary state? What is it that you're feeling?

Participant: I hope that it's not permanent. I think it's temporary, I hope it's temporary.

So you feel like you don't have the capacity to have a relationship with God, that there's something wrong with you. Is that how it feels?

Participant: Yeah.

So - "there's something wrong with me". Whatever that something wrong is: it could be that I'm not good enough, not worthy enough, not nice enough, not loving enough, not humble enough ... all of those things, yes? [01:21:54.13]

Participant: For me it's the issue of mistakes. I've made too many mistakes that God would never want me back again.

So in other words you're unforgivable. Yep.

Participant: I have a fear that God can't be that good, He can't be good as I would hope.

So, yeah, so God doesn't care, or even worse, that God's a nasty person. (Laughs) God is not that good.

Participant: God hasn't got enough time for me. He's too busy.

He's too busy looking after everyone else! (Laughs)

Participant: God's too big.

God's too big, too big for little old you to be any of His Concern, yes?

Participant: What if you respect other people's truths, and the dilemma then becomes: they each believe in a different creator or god or version of God?

Yep.

Participant: And then the dilemma is, which god?

Okay, very good. So it's really about the definition of God. Who is God? What is God?

GOD DOESN'T EXIST	GOD DOESN'T CARE
GOD IS; MANIPULATIVE	GOD IS NOT THAT GOOD
CONTROLLING	GOD IS TOO BUSY
PUNISHING	GOD IS TOO BIG
UNFORGIVABLE	
THERE'S SOMETHING WRONG WITH ME	

6.3.2. *An excerpt from AJ's book about God*

I'll read the first few paragraphs of my book about God.

"Society's religions and individuals across the world have created a wide variety of theories about who or what God is. These theories include, but are not limited to, God is an entity, God is an energy force, God is the universe. God is nature. God is the quality of love. God is an alien life form. God is just a life form with more knowledge than humans. God is a creation of human imagination. We are all god. We are all fragments of God. Or God does not exist at all in any manner or form." [01:24:33.02]

Now isn't that how it is, most of the time?

"Many believe that it's impossible to know any real answers about God anyway, so it is a waste of valuable time, effort and resources trying. Those who believe in a God of some kind have also created a wide variety of theories about God's Nature, Character and Attributes. These theories include, but are not limited to, God is love, God is punishing, God is angry, wrathful or even enraged. God does not care. God does care. God is a trinity of being. God is Jesus. God is narcissistic. God has a name. God holds grudges. God is forgiving. God is powerful, wise and loving and kind. Many of these assumptions, besides being contradictory, do not come from personal experience or reference to reality, but rather from using thoughts that people often call logic but which I would argue often contain a complete lack of logic."

"The sad part of human history is that people are also willing to commit violent acts and even go to war for the sake of protecting such theories about God. Throughout the last two thousand years religious justification of violence has been a major cause of pain and suffering on this planet. It has been my personal experience that the God we believe in is also the type of person we eventually become. We model our own behaviour on how we believe God would behave."

So this is a problem with our issues with God. Now again can you see with these fears about God that we could keep going there, writing off a whole heap of beliefs about God that are still within us. These beliefs are still within us after five and a half years of hearing about God, and maybe even longer for many of you, because you would have heard other people talk about it, that God is a God of love, but we still believe these things.

6.3.3. *Fear causes us to hold on to false beliefs about God*

Now how can we ever hope to have a changed life while we continue having faith in these errors? We can't, can we? You see, what happens, and what I've noticed happening for many of you, is that you continue to justify to yourself your errors. You continue to have faith in them. The problem with having faith in an error is that nothing in your life will ever change for the better because errors are not facts. They are false. It's only our fear that causes us to retain such justifications. It's only our unwillingness to feel fear. And what's our unwillingness to feel any emotion? What's that called? A lack of humility. [01:27:40.06]

You see if we had real faith, can you see it would help us even have humility? If we had real faith. If we had real faith that actually God's not like that, that God's a different Being than what we've been taught: if we had faith in that then we would shift from our current perspective and we would at least even have some desire to feel our reasons why we believe God is like this. But until we work our way through those particular issues we have about God (on the whiteboard), we are not going to shift on our relationship with God.

GOD DOESN'T EXIST	GOD DOESN'T CARE
GOD IS; MANIPULATIVE	GOD IS NOT THAT GOOD
CONTROLLING	GOD IS TOO BUSY
PUNISHING	GOD IS TOO BIG
UNFORGIVABLE	
THERE'S SOMETHING WRONG WITH ME	

Do you want to pray, do you want to long for something from someone who doesn't exist? I don't know about you, but I wouldn't bother with that. Do you want to long for love from somebody who is manipulative, controlling and punishing? According to the Bible, God's a genocidal maniac. Some people have actually done some calculations and I think the actual record of the numbers of people that God killed in the Bible adds up to over two million, and that doesn't include the flood of Noah's day, and it doesn't include Armageddon, which according to the Bible is coming. If you added the flood of Noah's day, which says that everybody died except for seven people, and you add Armageddon, which says that everybody who's wicked on this planet currently will also die, now we're up into the billions that God's going to kill or that God has killed.

Nowadays, if some fellow who got into power did that, what would we call him? What did you call Hitler or Stalin? Stalin only killed twenty million, and with Hitler the worst possible estimates were that he was directly responsible for about twelve or thirteen million. And God's killed billions. Do you want to have a relationship with that God? I don't think I would want one if God turned out to be like that.

6.3.4. *Truths about God in the real Lord's Prayer*

This issue that there's something wrong with me. Right from the beginning I've shared with you the real Lord's Prayer, the prayer that I shared with the disciples in the first century, and the very first part of the prayer reads like this. I'll read it to you, because this is something that the majority of us still haven't accepted, and we don't have faith in. I'll just find where I've got the prayer.

"My Father who is in heaven, I recognise that You are all Holy and Loving and Merciful, and that I am Your Child, and not the subservient, sinful and depraved creature that false teachers would have me believe."

The very first line of the prayer. *"I recognise that You are all Holy and Loving and Merciful."* There goes our fear about feeling unforgivable, that there's something wrong with me, that God's manipulative, controlling and punishing. Then there's *"and that I am not the subservient, sinful and depraved creature,"* well there's our fear that there's something wrong with me gone, and that God's not that good, and that God's too busy. (Laughs) [01:31:32.02]

A lot of those listed fears go if we really had faith in that prayer. The fact is that the majority of us have no faith in that prayer. It's the very basis of your receiving love, and you've got no faith in the prayer, because you've got no faith in the God that you're praying to.

Now can you see, again, it's our faith in our fear; our fear has become such a god to us that we can't even have faith in something that's good anymore because we're so afraid.

6.3.5. *Recognising that God is different our parents*

Participant: So if I'm afraid to feel the depths of how much my mother and father didn't love me, and I think that I believe in God, but know at the same time that what I have for my parents I transfer to God, the question is, am I being real?

No.

Participant: That's right. And that's where I keep going, how do I become real?

You become real by recognising that God is different to your parents. So stop attributing to God things that are only attributable to your parents. Many of you are justifying attributing them to God. You're basically saying to yourself,

“Well my parents were like that so God must be like that.” Then you say you have an intellectual belief that God is good, but the reality is if you have fear about processing the emotion, if you have fear and you're not allowing yourself to feel your fear, you don't trust that God is good, you don't trust that God's going to nurse you through that problem. You don't trust that God's going to care about you while you go through that emotion. You don't trust it because if you trusted it you would have already gone through it. If you truly trusted God, if you truly had faith that God was good, you would be willing to go through all of your emotions without any restriction, without any control.

Participant: So if I'm saying to myself I believe in God and I think he's loving and all of these things; it's not real? If I haven't worked through to the point where I can feel my pain from my parents?

Exactly - it's not going to be real. It can't be real. It can only be real after you've gone through that and then that's when you will start to feel something from God and therefore it becomes real. But also you're not coming to terms with the fact that these are things that you're attributing to God still because you have yet to release the emotion with your parents.

So God's saying, "Please release your emotion with your parents. We can have a better relationship as long as you release these emotions about your parents." And you're going, "No, no, no, I'm too frightened, I'm too frightened to release these emotions about my parents because you're not going to care for me while I do it." And God's saying, "No, no I'm not like your parents. I care for you while you're going to go through it." And then you go, "But then everybody else will think I'm an idiot and a nutcase. I might even be put in the mental asylum going through these emotions." God's going, "No, no, no, none of that can happen unless you tune out of your emotions." None of that can happen unless you avoid them. The only people who finish up in mental asylums are the people who avoided their emotions; the people who avoided going through experiences of grief and shame and other types of experiences end up there. Not the people who do it, who actually embrace those emotions. There's plenty of evidence of that being true. [01:35:23.20]

Yet we don't accept any of these evidences. Why don't we? Because we don't trust. Why don't we trust? Oh but that gets back to my parents again. I don't trust because that's how they were. They were untrustworthy. But God's different and we don't believe it. We don't believe it because if we really believed it we'd already be changing.

Mary: It's my experience that while I haven't finished dealing with all the pain of my life, but if I open up to God and take a step of faith, this challenges the fears that have been governing that relationship, and it triggers many of those emotions that I might have with my parents. So one of my fears in reaching out to God is that God will engulf me and there'll be no me, and I'll just have God's Will imposed upon me because that's something I associate with love from my parents. But if I have faith that, hang on, I know a lot of other things about God, even intellectually now, and I take a step of reaching out to God, I find that much of that grief and that fear is naturally processed, and I begin to have an experience with God that is replacing the error with truth.

Exactly.

Mary: I often see, and I know I've fallen into this category, where people get very hung up on, “Well I can't fully know God until I've healed all of the emotions with my parents,” kind of separating the two processes and feeling that they have to finish with the parents before they can start with God.

Yeah, and all they've really got to do is separate the parents from God.

Mary: Yes and it's awesome when that happens.

Exactly. Most of us have not separated our parents from God because if we had, we would believe very different things about God than we believe about our parents right now. You would believe one set of things about God, and another set of things about your parents if you had separated those two. But if you still have them together inside of your own head, then how can you ever have faith that God is any different to your parents? You can't. So this is where, again, faith in the truth is what's required, rather than the fear.

Faith & Prayer: Session 3 Part 2

7. How fear impacts on faith (continued)

7.1. An example of fear blocking the truth about God (continued)

7.1.1. The truth about God and God's Laws

What is the truth about God? God is always loving. That's the truth about God. What do you believe? You don't believe that. You don't believe God's always loving. Many of you don't even believe many of God's Laws are loving.

How many of you still have trouble with the Law of Attraction, that law that brings you events that sometimes feel pretty harsh? You believe that that law is unloving. You believe that your idea of it is better than God's Idea of it, in fact. But it's a beautiful law. It tells you every single time you're unloving. Notice I said it tells you every single time you're unloving. That's the purpose of the law. All of the laws are there to help you see where love is not engaged. All of the laws. Even the Law of Gravity is there to help you see when love is not engaged.

All the physical laws are there for the same purpose as the spiritual laws, and for the same purpose as the soul-based laws - they're all there to help you understand one fact, and that is that love is the thing that defines everything. Every one of God's Laws is loving, but most of us don't believe that. We don't believe that. That's why you want to break God's Laws all the time because you don't believe that they're loving. The main difference between myself and most other people is I do not want to break God's Laws because I know they're all loving. And if I feel they're unloving, I know that there's a problem inside of me, not with God's Law. So whenever I feel the Law of Attraction, for example, is unloving, I know that the problem is inside of me. It's not a problem with God's Law because God's Laws are always loving and I have faith in that. I have faith that God's Laws are all loving.

8. Using our will to experiment and gain faith

The reason why I have that kind of faith is because I've had two thousand years of experiencing them, of course, but I had to bite off that experience. There are plenty of other people who are now living in the hells of the spirit world who have lived just as long as I have, and have no trust at all that God's Laws are loving. So what causes the difference? Isn't the difference primarily just what we chose to do in that period of time?

So can you see that everything is revolving around this issue of love? All of God's Laws are loving and the majority of us have no faith in that.

Participant: Yeah I feel that it's a question of lack of personal experience. Most people don't experience God, or haven't experienced God.

True.

Participant: You've got experience, so you're beyond faith in a way.

Yeah but I had to get that experience somehow and I started without having any experience. So I had to do something, with the exercise of my will, I had to do something in order to get that experience. What I'm suggesting to people today is that the majority of us have so much faith in fear that we don't even decide to do something in order to confront and create an experience where they eventually come to experience the truth. [00:03:59.19]

I feel that's the main problem that we face; we are so focused on avoiding the experience, because of all of our fears, and I've known many people in my life that have lived for thousands of years who still have had no experience with God because of how they've exercised their will. They exercise their will in harmony with their faith in the fear rather than their faith in the truth. Many of them have often been presented the truth in that time period, but still have a faith in the fear.

What I tried to illustrate just earlier with the discussion about God and soulmates is that the majority of us still have faith in our fear and that causes us to not act, and therefore we don't get experience. I see the linkage of all of those kinds of things together.

So I feel that for all of us, what we need to do is start exercising our will to decide to act in faith about the reality of the truth about love and about God. With all of these qualities - humility, truth, love, will and faith - it's not like you can develop them one at a time. They all needed to be integrated within you in order for your progress to occur. But unfortunately, the majority of us are not doing that. What we do instead is we have this faith in the fear. We actually believe the false thing is true. So we have faith in the fear and the fear then modifies our will, where we become out of harmony with love, we become out of harmony with truth, and we have no humility because we're terrified to even feel an emotion. As a result of that, although we have a faith - and we do have a faith in that state - but our faith is in the things that are false. And for the majority of us still, after hearing Divine Truth for six years, our faith is not in the things that are true. The faith is still in the things that are false. [00:06:22.07]

At some point in time we're going to have to make a decision. We're going to have to exercise our will to make a decision. Are we going to continue justifying the fear - the false - to ourselves, or are we going to be willing to give up the false and start experimenting with experiences in this direction of love, truth, humility, will and faith?

HUMILITY
TRUTH
LOVE
WILL
FAITH

8.1. An example of AJ and Mary's media interactions

Now Mary and I have had quite a few people from the UK wanting us to come to the UK. We don't have any money to go to the UK, and most of the people who are there that want us to come don't have any money to help us come. And so we were just wondering how this was going to occur.

Now I have some faith in God about things, and how things get created. If I engage my will in harmony with God's Laws, I know that God can work with things to make things happen that I can't make happen by myself. Even just having an offer for somebody to take us there - somebody in the media who only wants to interview us for ten minutes is right at this moment considering whether they will take us to England or not to do that interview. They'd prefer that to occur. And we're going, "This is very strange, we wanted to go to England!" But we had no idea how that would occur. But we have some faith in God that if we engage our will ... and our will was to share the truth with other people.

In fact I had quite a lot of emails when I started doing that again, with the media. I had people, some of them in this audience, saying to me, "Why are you engaging the media when the last time it happened it wasn't very good for you?" The reason why is because I have some faith in God. That's why I engage them. I don't believe that they're all going to be the same. That's a false belief. There's no single person on this planet that's the same as another person. So how can I believe that all the media are going to be the same? That doesn't make any logical sense to me. Yet these people who were emailing these emails to me were telling me that all the media is the same. And I'm going, "Okay, that's your false belief. It's not mine. I don't believe that."

It's a bit like you saying, and many of you ladies have done this, "I've had five bad relationships with men, men are all bastards." Now is that a logical extension? No it's not. You see we often make very illogical extensions because we're living in our fear. Faith is logical. Faith goes, "It's impossible for everyone to be the same." We know that for certain. It's impossible for everyone to be the same.

How many of you have had children? Now how many of your children were exactly the same? Aren't a lot of them like night and day? Totally different. They were brought up in the same family and yet they're not the same. So if two children in a family are not the same, how can all the media be the same? It doesn't make any sense, does it?

You have direct proof in your own life, you have enough proof to satisfy your faith that each person is an individual with its own personality. Yet you don't apply that to things you're afraid of. Can you see how we just have faith in the error and we don't have faith in the truth? This is what we do. We manipulate the truth because of our fear. Our fear is dictating to us what we are choosing to believe in. [00:11:14.14]

So while many of you have come for years, listening to what we have talked to you about, called the Divine Truth, but many of you still don't think it's the Divine Truth. You think it's the truth according to AJ. And to be honest with you, you're going to continue thinking that until you try some experiments, until you try developing these qualities of love, truth, humility, will and faith in harmony with each other rather than in harmony with fear. Until you try that in your day-to-day life, you will not know anything that I'm talking to you about, whether it's true or not. It'll just sound to you like it's a great idea or a utopian dream. But it won't be reality until you go through the process and again, that's your choice. That's the exercise of your will. Nobody else can do that for you. Nobody else can control that for you.

So you know what I feel happens for many of us? Whenever we have our fear in play, it's like we have this whole set of belief structures around this fear that support our fear, and as a result of that we don't believe most of the things we hear. We just don't. We don't truly believe them.

9. How fear impacts on faith (continued)

9.1. An example of fear blocking the truth about soulmates (continued)

Now let's get back to the soulmate issue. Most of us don't truly believe in it. We like the concept, we think it's a nice idea, having someone who's your ideal perfect partner for the rest of your life. That's the thing dreams are made of. That's the whole thing that Disney cartoons are all based around. We have so much cynicism about it. And this cynicism is driven by our fear. We don't believe in it. And you're not going to believe in it no matter what I say until you go through some experiments and see how to attract your soulmate, what actually happens when you meet your soulmate, what's going on, what kind of person they are. You will never know all those kinds of things until you try the experiments. You won't know otherwise. And no amount of talking about it will help you unless you're willing to have some faith and use your will in harmony with love, truth and humility. Unless you're willing to do that nothing will change.

And so I'll be asking in ten years time, "Who's met their soulmate?" and it will be one or two people put up their hands perhaps. And then in a hundred years time, and we'll be up in the spirit world maybe, and we'll have a meeting like this and I'll go, "Who's met their soulmate?" You go, "Oh yeah, no." (Laughter) "Still not, it's still a problem." And then a thousand years time we go, "Who's met your soulmate?" (Laughter) And you go, "Oh there's no such thing as soulmates. I've never met mine in a thousand years." And of course you're not going to unless you have some faith and go through some experiments as we've described faith prescribes. Faith demands that we experiment, that we go through some different things. [00:14:45.20]

If we use our will in harmony with love, truth and humility, we won't damage anybody, we won't harm anybody around us when we do this, we won't choose to be immoral, we won't choose to be unethical, we will make every choice and decision in harmony with morals and ethics while we're discovering the truth about the issue of our soulmate. That's what we would do. And the only reason why we're not doing it is because we're afraid. We're afraid that our little life that we have now might get upset.

For some of you, you like being alone; you've got total control over your life, you love that. Some of you like having a partner that you can totally manipulate and control. He or she is not scaring you, and making your life nice and comfortable, everything's fine. You like that. You don't want someone to come along who challenges every single thing inside of you; you want somebody just like that. And that person might even be your soulmate, but he or she is not allowed to be the person that you have not prescribed them to be. And that's not very kind, that's out of harmony with love and truth and humility but we choose it because we're afraid.

For many of us, when it comes to the soulmate issue, we're afraid of what everyone else will say about us. We're afraid of what people will think when we discover our soulmate. We're afraid of what our children will say, of what our parents will say, what our family will say, what our friends will say. Pretty much afraid of everything if we come to think of it, aren't we? On that one issue. Half the time we're afraid that we're not soulmates, the other half of the time we're afraid

that we are. (Laughs) And we don't give up our fear because we have complete faith in it. We don't have any faith in God's Truth, God's Love, humility, we don't have any faith that if we use our will in harmony with those three things that everything will get sorted out perfectly. Everything. We don't have any faith in that. It's sad you know.

I've suppose you could say the one advantage of two thousand years of existence is you get to meet a lot of people. And as a result you get to see patterns in people, how fear drives their day-to-day actions, for example; it becomes a very obvious pattern with people. Many of the people that Mary and I know from two thousand years ago still have not met their soulmates, and we find that pretty sad that after two thousand years a person cannot meet their soulmate. In fact I've met people in the spirit world that after thirty thousand years in the spirit world still haven't met their soulmate.

Now why do some meet their soulmate within five years of hearing about the whole concept of having one and then others not meet them in thirty thousand years? The only reason why is because they have exercised their faith in the error. They've used their will in harmony with fear. That's all they've done for whatever reasons. [00:18:21.24]

9.2. An example of fear blocking the truth about God (continued)

But even worse than that I find is the issues people have with God because it's the issues people have with God that have the most severe effect on their life. It's the issues people have with God that we usually have the most fears surrounding, and as a result we have the tendency to use our will completely out of harmony with any faith. And yet the entire Divine Truth presentations are all about developing a relationship with God and the benefits of doing so.

In 2012 I gave a talk about "Relationship with God - The Eternal Benefits". It was at Bathurst if you ever want to look at it. I gave that talk because I could see that the majority of people have no idea what they're giving up by not having a relationship with God. They have no idea what they're giving up.

So why I raised this issue under this topic is that if my faith is in my fear, and if my faith is in the errors that I now believe are true (and remember fear is all about error - it's all about what's false), I will not use my will in harmony with what is true. If I believe and have faith in the false, it is very unlikely that I am going to use my will in harmony with the truth. I am probably going to use my will in harmony with the false. And this is why the majority of us do that. We use our will in harmony with the false.

FEAR
FALSE

10. An exercise to challenge our faith in fear

We could come up with millions of examples in our day-to-day life, but what I was thinking of as a great exercise for you in this particular thing. If you take one thing away from our part of our discussion today, it's this: note down all the ways that you can see yourself using your will in harmony with what is false from God's Perspective. You could even do it this way, if you don't have much of a belief in what is true; you could even say every way in which you use your will in harmony with what AJ has presented to you, what Jesus has presented to you, or out of harmony with what I've presented to you.

I'm not asking you to believe what I've presented to you. I'm just asking you to see where you use your will out of harmony with it. I'm not saying to you, you have to believe everything that I say. What I'm suggesting is that you use your will, your free will, to determine when what you do is out of harmony with what's being said to you.

So for example, I'm telling you that God is love. Now in the course of a day, ask yourself the question, what in my actions today prove that I believe that God is love, and that I am exercising my will in harmony with that? I've also said that God is truth. So how am I using my will today in harmony with that basic principle? Or out of harmony with it? If you ask yourself that question, you will find out a lot about yourself and how much your faith is based on what's false. [00:22:48.22]

GOD IS LOVE
GOD IS TRUTH

11. How fear impacts on faith (continued)

11.1. An example of a participant being committed to a mental institution

Participant: I'm not sure if this is a question or a statement or a confrontation. I just wanted to address something that you said before about only people that don't feel their feelings end up in mental institutions. I've ended up in a mental institution, I believe from feeling my feelings actually, and I didn't know what was happening at that time. I didn't believe in the process that on some level I knew I was having but I just didn't trust myself enough to kind of stand up for ... knowing what I was going through basically.

So why did you end up in the institution?

Participant: Because I believed that everybody else knew better than I did. I just kind of went along with that's where I needed to be, this process that I was going through.

I would argue that's not feeling your feelings. See when you truly feel your feelings you know that only you can feel your feelings better than anyone else. So you would never trust anybody else's assessment of your own feelings. [00:23:55.22]

Participant: Yeah I don't know if it was so much trusting them as ...

Well why did you finish up involving them?

Participant: Well I didn't involve them.

No but how did they become involved?

Participant: They were there and imposed their will upon me in terms of ...

But if you did it in harmony with love, they wouldn't have been there.

Participant: What do you mean if I did it in harmony with love?

Well I don't feel my negative emotions in front of you all the time.

Participant: No, for me it was a spontaneous thing that I just went into terror, and terror was moving through me.

Through your body.

Participant: Yeah, absolutely. Waves and waves of terror.

Yep.

Participant: I felt like I could stop that process but why would I because it was ...

Well if you were loving, you would have stopped it and went home and felt it there.

Participant: Right. I was at home but other people were there and I think it triggered their fear. That was my experience.

Of course.

Participant: And that their fear dictated that I kind of went into it, you know.

I agree. But that's them also not feeling their feelings. If everyone around you had felt their feelings and you felt yours, nothing like ending up in a mental institution could have occurred.

Participant: I wanted to share that partly because I guess that was a really big fear that I had inside of me. I now realise, looking back, that there was a fear passed down through my family where if I felt my fear that that's where I would end up, which is ironically what happened.

And I'm suggesting that's why it happened.

Participant: Yeah, right.

Because you weren't feeling the fear; you weren't feeling the fear of it happening, and that's why it happened. You see you were feeling one set of emotions but not the emotion that caused you to end up in a mental institution. [00:25:53.12]

Participant: Right I hear what you're saying, yeah.

This is what I'm saying to you. Every single time you feel all of your emotions, you won't end up anywhere other than where you are right now.

Participant: Yep, I get what you're saying.

Because nobody around you will do anything to you, treat you badly, you'll have no fears because you'll be feeling them. You will have no fears projected out onto the world around you, nothing like that could happen. You can't attract anything under those points. That's the law. I know God's Laws well enough to know that's the law.

Participant: Yeah I hear what you're saying. So the only thing I wasn't feeling was that fear. (Laughs)

Exactly. It's that fear that lobbed where you ended up.

Participant: Yeah, right. I get you.

Often this is what happens. We have these false beliefs because we look at events that have happened in our life and we attribute them to something that wasn't their cause. So your experiencing terror about another issue was not the cause of you lobbing in the mental institution. The cause was your fear of having to go to a mental institution. That's the cause.

What we finish up doing is we make these false assumptions, which are fear-based assumptions, not understanding the power of their creation. So I still feel that what I said was exactly accurate. If all of us feel every single emotion and are humble to every single emotion, every single time, none of us will end up in a mental institution, none of us will end up psychotic, none of us will end up with manic depression or depression or schizophrenia or any other mental illness whatsoever, because it's impossible to. All of these things are only possible when we deny emotion. [00:27:44.03]

Participant: Thank you.

But you don't have a faith in that yet, Rachel.

12. An exercise to challenge our faith in fear (continued)

Participant: I guess I'm a bit confused about the question, what will my actions prove that I believe that God is love, God is truth? Would have any examples about that reflection?

Sure. So, if I have faith in the fear.

12.1. An example of a participant who is not with her soulmate

So what do you like doing in the course of a day?

Participant: Something creative, like music or arts.

So music, art and you're with your soulmate?

Participant: No.

No. So not with soulmate. So you are alone doing these things?

Participant: Yes.

Alright, okay. And how does that feel?

Participant: It feels alright.

It feels alright.

Participant: Yeah.

Okay. So you're okay with that. It feels fantastic, you're really happy with that.

Participant: I get to control it all, which is really nice. I quite like that.

You quite like the control that that gives you.

Participant: Yeah I'm addicted to the control. I love it.

Okay, you love it. Okay you feel you're addicted to the control. Now you're being honest. That's great, Kate. Addicted. Now, if we had faith in the truth, would we honour our addiction?

Participant: If we had faith in truth?

Yeah if you have faith in the truth, would you honour any addiction you have right now? Because what have you learned about addictions?

Participant: It's avoidance.

Of?

Participant: My soul, like growing my soul.

No it's avoidance of fear. This is what we've learned, isn't it?

Participant: Sure, yep.

Actually, if you were with me three and a half years ago, you would have learned that. So addictions are there to help you look after your fears. This is why you want control, because you're afraid of something. What are you afraid of? Let's say your soulmate comes along, what is he going to do to your life? [00:30:00.18]

Participant: The things we listed, like not having control and not liking me and me not liking him.

Yep. So all of those things are true from God's Perspective?

Participant: No, fears.



Okay. That's what I'm saying. Write down these things that you notice you're doing in your day-to-day lives. You're addicted to control. You acknowledge that. But you're justifying it to yourself at the moment. You're saying, "I should be addicted to control. That's good for me. My life's good like this." This is what you're saying to yourself. That's faith in the error. Your life's not good like this, Kate.

Participant: Not really.

No.

Participant: It could be a lot better.

It could be a lot better. Imagine for a moment, a relationship where they want you to do everything you want to do, and they will love you while you do it. And you want them to do everything they want to do, and you love them while they do it. Now that would be a pretty beautiful relationship, wouldn't it? Already some sadness comes up with me even saying it. It's that sadness you're avoiding. That's what the fear is covering, you see.

This is the beauty of doing this exercise, by doing the exercise you go, yes, in the day-to-day this is what I love. I like my addictions being met. I still like that. And you're justifying it to yourself. You've got to see that you're justifying it to yourself because that's having faith in the error. That's having faith in your fear. It's faith in your error that causes you to tell yourself that everything's great when you're addicted to control.

From God's Perspective, everything's not great. God's going, "Kate, Kate, Kate! Nothing's great! You're addicted to control!" That's what's God trying to do with you. And you're going, "No, no, no, no, no, no, no, this is good. This is good. I've got control. It's fantastic." And God's shaking you, like with all of the Law of Attraction - remember all of God's Laws are focused on bringing you to the point of truth, so through the Law of Attraction, God's showing you this addiction to control is actually a faith in a fear. And you're justifying it to yourself. You're justifying this addiction to control. You think it's good, and God's saying, "No, no, it's not the way I created you to be. It's not the way I created you to be. I created you to be this free individual who's able to receive and give love without having to control. That's what I created you to be." And you're going, "No, no, no. I don't want that. I want my addiction to control." Subsequently, you are alone.

In fact you have created being alone because of this addiction to control because if somebody is with you, you lose control. And so you think it's better for you to be alone. So you are willing to accept the compensation, the penalty, for the addiction, which is faith in a fear. It's faith in the error. Do you see how it works?

Participant: Yes, a bit. I haven't seen this before so I'm a bit confused but ... yeah. I can see.

If a lot of us looked at our day-to-day life we would see that we have physical addictions, we have emotional addictions, and the physical and emotional addictions are covering over fears. Fears that we have faith in, fears that we believe are true. We believe they're true. You believe that when a man comes into your life, you'll have to do everything he wants. You believe that. [00:33:58.06]

Participant: Do I? Okay. (Laughs) I believe you.

(Laughs) You believe me! Interesting. Well otherwise you would allow a man into your life and then confront that emotion, wouldn't you? If you really wanted to not be alone, you would do that.

Participant: Allow a man into my life?

You would allow a man into your life and let him confront this emotion.

Participant: So how do I do that though? Because I need to work through the soulmate issues.

By having some faith in the truth.

I think what I need to do is go back a little because in the future, in probably August, I'm going to give a talk about the integration of the five primary qualities that you need to develop. What do you think they are? (Laughter) Ah yes! Those ones - humility, truth, love, will and faith! We're going to talk about the integration of them; how to put it all together, in terms of your day-to-day life. That'll be the discussion I have with you on August 10th. What I'm trying to do now is introduce you to the concept that the majority of us are not putting things together in our life because we are using our will to retain faith in what we're afraid of or retain faith in the error. That's what we're doing. [00:35:28.07]

So, for example, in your personal circumstance, you know you're addicted to control. Is this a truth or an error from God's Perspective? Is control good?

Participant: Error.

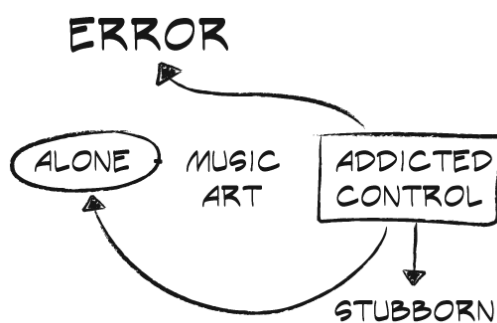
Right it's an error from God's Perspective but you're telling yourself that it's good.

Participant: I value it so I must think it's good.

Of course you do.

Participant: I maintain it and value it.

Your whole day-to-day life is planning it out so that you have it. So you definitely think it's good. And what I'm saying to you is you believe that being addicted to control, which is an error, and based on fear, is good. And God's saying, "Kate, this is not good. This is not how I created you to be." But you're going to God, "F___ you! I believe this is good. And I'm going to hold onto that no matter what. I'm going to hold onto that no matter how alone I get, no matter how hard my life gets, no matter what happens in my life, I'm going to hold onto that because it's good." And that, to me, is a stubbornness to retain a faith in the error.



Being addicted to being alone and in control is an error, and is stubborn holding on to the error

What I'm noticing is the majority of people don't change because they are stubbornly holding on to the error. They don't want to give it up. It's one thing for me to be told intellectually that control, being addicted to control is a problem. I can be told it, but inside of myself, if I love control, it's going to be pretty hard for me to believe it. While I love control, I am loving the error. Being addicted to control is an error. It creates all sorts of negative things in my life. Historically it probably has already. It creates all negative things but I have faith in it. I want to retain this error. I am stubbornly holding on to this error. I'm stubbornly saying that somehow my life's going to get better as long as I get more control. Yet the control of the past hasn't made your life better, it certainly hasn't attracted your other half, it certainly hasn't got you closer to God and it certainly hasn't made you more happier. In fact when you've let go of control, you've often had events happen then that have made you happier.

We have all this feedback going on and yet we still hold on to control. And you know what I call that? Stubborn. We're just stubborn. It's like we want to just stay there and go, "Rrrrr." Basically most of us are doing that. It's like we're having this control tantrum with God. God's got all of these qualities of love, truth, humility, faith and will, and God's saying, "Look, you embrace all of these things, and your life is going to be like unimaginably happy. You have no idea, no concept at this point of how happy you're going to be if you become like I created you to be." And you're going, "Rrrrr," because you think that if you become how God created you to be, you have some other fears where that means you giving up your own will, that you're not going to be able to do what you enjoy, and all these other things. There's all these false beliefs that are inside of us that cause us to hold on to this fear. [00:39:40.09]

What I'm suggesting to you is that while that's happening it is impossible to engage any progress with these qualities - humility, truth, love, will and faith. It's impossible to engage progress with any of these qualities while that is happening.

Participant: I can relate to Kate strongly on this one.

Yep. By the way who can relate to Kate strongly on this one? Pretty much everyone's with you, Kate. (Laughs) Who can relate to me on this one? (Laughter) Okay. I get it. (Laughs)

12.2. Comparing our truth with God's Truth

Participant: I guess if we're not being truthful about that, we can process this whole loneliness, "I'm alone and I'm lonely", which is not the real emotion because it's more about why am I afraid to let a man into my life?

"Why am I afraid to love?"

Participant: Yes. And so again it just highlights if we're not willing to be truthful ...

So I would call this, if you're feeling this emotion of being alone, I would call that an emotion of self-deception. Remember I've talked to you about those in a talk that I gave in 2009 - "20090627 The Human Soul - Emotions of Self-Deception". Most of us feel a lot of these emotions of self-deception, not understanding that all of these emotions are created through us having faith in the error.

Participant: So again it just really pays to write down God's Truth, as you've said in the past?

As I've said in the past. What I've done, as Mary knows, is I've had like hundreds and hundreds of pages of God's Truth, AJ's truth, God's Truth, AJ's truth. I look at God's Truth, I write down the truths that I believe are God's Truth, based on logic and what I believe God to be. I write down those truths. Like I've said I've filled up hundreds of pages like this. This is a part of me getting to know me and getting to know all the flaws that I have that I need to remove from myself. So it's very important for the rest of my life. So of course I did it and still engage this process.

So I write down God's Truth. God's Truth is that no matter what my partner does, I would still be able to love her if I truly loved. That's God's Truth. My truth is when they lied and cheated and stole from me and did all these other things I didn't love them after that. That was my truth. So then I had to go, okay, I am out of harmony with God's Truth on this matter. I expect my partner to not lie, to not steal, to not cheat, to not have sexual relations with somebody else. I expect all of that to happen and when that doesn't happen I get sad and I get depressed and I feel all these other feelings of course, which are all the results, self-deception emotions, because I will not come to face the truth. Emotionally I won't come to face the truth. As a result I had to see that a lot of my pain was a direct result of my own refusal to accept the truth, my own faith in the error. [00:43:09.08]

12.2.1. Being honest about the truth about events in our life

That wasn't a question though. Do you have a question? No?

Participant: You would feel I had a question just then?

It seems so, yeah. You can relate to Kate. If you think about your feelings for Kate, and the feeling is basically you want to hold on to certain things, yes?

Participant: Yeah.

Yeah. That's stubborn. (Laughs)

Participant: Yeah. I'm starting to realise that I am. Yeah.

Now can you hope to have more happiness in your life while you're holding on to errors that don't result in love or truth? Can you hope to have happiness?

Participant: No.

So what do you do? You accept unhappiness. You say, as Kate said, "I'm okay."

Participant: Yeah, I've justified that to myself. I've felt that most of my life.

"I'm okay. Things are not like outstandingly excessively happy, but I'm okay." And God's saying, "Why are you wanting to just sit with that? Why don't you want to have an outstandingly happy and beautiful life? Why are you accepting mediocrity? Why do you accept mediocrity in yourself? Because you are afraid and you have faith in the error."

Participant: And it's also what you said before like some good things are starting to happen in my life. I'm going, "Oh, that's spirit influence." When good things start to happen I start to question, it's like I'm not willing to receive God's Gifts as well.

Well a lot of times when good things start to happen they can be manipulated by other people but if you had a faith in your relationship with God and a will to find out the truth you would eventually find out what was really going on. You'd eventually find out whether somebody was manipulating these events behind the scenes or whether it was actually something your soul created. [00:44:59.22]

Participant: And I guess you've got to pray about the truth to find out?

Yeah most of the time we don't want to know. When something good happens in our life we just go, "I'm just so grateful something good happened in my life. I don't want to know where it came from or what created it! I just want to enjoy it." We don't even want to know the truth when something good happens, let alone when something bad happens. We want to believe certain things and it's our want to believe certain things which is our faith in error. We just want to have certain things happen in our life. It doesn't often matter to us whether it's out of harmony with ethics, out of harmony with morality, out of harmony with love, out of harmony with truth, out of harmony with all of the principles that we're learning about the loving exercise of our will. Often we don't care. Let's be honest with ourselves. Often we don't care.

When your partner says something to you that you find offensive, do you find that the feeling of love just wells up inside of you for them? (Laughter) Or do you find instead that the faith in the error is, "I should be able to defend myself and attack them in response," and you give them as much as you've got? Is that what happens instead? That's the faith in the error. See if you had faith in the truth, if you had faith in love, you wouldn't do that. Do you understand? You wouldn't do it. You'd do something different instead. You'd do something in harmony with love instead.

The majority of us have large amounts of faith in the error and we are stubbornly holding on to it. We are, as I said, internally going, "Rrrrr", and let yourself really feel it inside of you. It's not just like me acting; it's like, "RRRRRRR!!!!" It's angry inside of us, so much that we just want to hold on to our error-based position.

How many of us would ever accept that it's okay, we would still love our partner if our partner cheated on us? How many of us would really feel that? If we truly loved that's what would be the truth. We would treat them nicely, we would treat them in truth, we would be humble to our own emotions as a result of it, we would use our will to help them look at the issue, we would never try to run away from the issue or avoid it. This is how we would be if we were at-one with God or at least even at-one with these emotions of humility, truth, love, will and faith. Most of us wouldn't feel that. [00:47:48.02]

If we're honest with ourselves, and we need to be honest with ourselves, most of us would see that there's just a long list of things that we have that we could put on the side of God's Beliefs, our beliefs, God's Beliefs, and the two of them have such a wide gap when we start that we ever wonder how we're ever going to have God's Beliefs in the end.

Now without doing that process it's going to be very, very difficult for us to ever become at-one with God. The reason why I've recommended many of these processes to you is because they are processes I've had to follow in order to get closer to God. Without doing them, you're going to just keep justifying the error to yourself. At some point in your future you're going to have to say enough is enough, I've got to stop justifying the error and I've got to see my own unwillingness to actually accept God's Truth, whatever that truth is.

Let's look at the truth of my life. I'm happy being alone, that's the truth of my life. I love being alone. I've got total autonomy. I don't have to answer to anybody. It's fantastic. There's a truth about your condition but the question is why do I love being alone when God created me to be one half of somebody else? So I would say, well, God's idea is soulmates, my idea is I love being alone. Then what I'd go is, okay, if I love being alone there's got to be reasons. There's got to be reasons that are all out of harmony with love because if God created something and I don't want to become that thing, then it tells me that I'm just being stubborn, rebellious and I obviously believe my ideas are better than God's. [00:49:56.11]

Now you're allowed to do that but the reality is you'll never become at-one with God, so don't fool yourself on that issue. This is why actually a lot of people choose to not follow the Divine Love Path. Most people choose to not follow God's Way because their own way they feel is better. The sixth dimension in the spirit world is full of spirits who still believe their own way is better, no matter how much they've heard of Divine Truth. That's why most of us are still on the Natural Love Path, shall we call it. It's because we still believe our way is better. We still believe it. Many of you have heard truth for five years and even now we still believe that our own way is better.

Now some of you justify this to yourself this way. You go, "AJ is saying that's it's God's Truth. But I don't believe that. I believe it's just AJ's truth. AJ's saying that he's Jesus, but I don't believe that either. He's AJ, right? It's all just AJ's truth." Now many of you, right now, have heard this stuff for five years and still feel that. That's why you haven't even bothered engaging. You haven't even bothered determining whether it's God's Truth or not for yourself. But for some reason you still feel attracted to come. Why is that? There's got to be something going on for you to still come even though you feel that it's just my truth.

GOD'S TRUTH - AJ'S TRUTH

Now I'm saying to you it's God's Truth, but you believe it's AJ's truth. This is a great way for you to avoid a lot of things. Can you see while you believe it's my truth, and not God's, you then get to have faith in your errors? And you won't give them up until you believe something different. [00:52:27.08]

13. Prioritising our relationship with God

13.1. An example of a participant prioritising self-help over her relationship with God

Participant: For me until recently God's been in the too-hard basket.

So you're saying God was in the too-hard basket?

Participant: Yeah.

GOD TOO HARD

Okay. Yep.

Participant: I did the rest of it, and I thought I'll leave God until ...

Until last?

Participant: Yeah.

(AJ Laughs)

Participant: And I decided it was too hard doing it that way.

Yep.

Participant: And to me I don't think I've received God's Love. I can't sincerely ask for it.

Exactly, yeah.

Participant: I ask but it's not sincere.

Yep.

Participant: But I have experimented with other things and I feel like there are times when God has really helped me.

Yes. This is the beautiful thing about God, huh?

Participant: When I've sincerely asked. And that's shown me when I've been sincere and when I haven't.

Yes.

Participant: The thing is I'll do a particular issue and I'll be sincere in my longing to be humble about it and I'll ask God and God has helped me in ways that I didn't think was possible.

Yeah.

Participant: But then the thing is I get to the next issue and I'm starting from scratch again.

Yeah.

Participant: And I don't understand that. I don't understand why the previous experiences haven't led to more faith when I hit the next issue.

Yeah it's a very good question. The reality is because you have not dealt with some specific issues, which would enable things to be a lot smoother. So for example what I see a lot of people doing is they do this thing that you have done, and that is put God in the too-hard basket. So God then becomes down here in our priority list. Then what usually comes first is, shall we call it, self-help, or self progress; progress of self. [00:54:50.00]

SELF-HELP

GOD

A priority where self-help is more important than God

Now if God's down there and self-help's up there, can you see an issue with what I've been teaching in all that? Basically that's what you have done. You want to progress, and that's really good. You've developed a desire to progress; you've

developed a desire to have some humility, desire for some truth about yourself, a desire to become more loving. You're starting to develop that, and this is all to do with self-help, yes?

Participant: Yeah.

You've asked God to help you with your self-help.

Participant: Yeah, basically.

Yep. But God is not your focus. God is in your too-hard basket.

Participant: I thought He was moving out of there but you're going to tell me that, "Elvira, that's not really true."

Sorry?

Participant: (Laughs) I thought I'd started to move, like I know in a baby part of it ...

On God you mean?

Participant: Yeah.

I agree, you have. You have. Because you've started, by going through this self-help process, you started asking God for help and then when you asked you found out that you received some. As a result of receiving some that has built some faith in a different direction, not in the error so much now. You've got some faith of the truth about God; that whenever you ask for help, God always tries to give you some. So you've developed some faith in God through this process. I agree. But in the end if God is not our highest priority, then all of what we're doing is self-reliance. And self-reliance is hard. [00:56:32.19]

Participant: Yeah it's very exhausting.

Very exhausting, yes. This is why most people give it up in the sense of they give up the process of helping themselves because they feel it's too hard to help themselves when they're doing it all alone. It's an exhausting process. It's the process that most people in the spirit world follow, that's the Natural Love Path. What I've been suggesting to you is if you focus first on all of the too hard issues about God, then everything would become much easier and simpler. But you haven't wanted to do that and you've got to ask yourself why. That's my suggestion - ask yourself why.

You've learned enough about God now to know that God's trustworthy; that God obviously cares about you, God wants to help you. Whenever you've asked for help you've received it from God. So you've learned enough about God by now to know these things, but still God is in the too-hard basket. So there's got to be a reason why. If you deal with that reason then God can be in the topmost position in terms of priority, and as soon as that happens, everything will become much easier.



Prioritising God over self-help makes progression much easier

Participant: So before when somebody said that it was spirits organising good things for me, I go into fear then thinking, "Oh, my Law of Attraction has changed." And, "Oh wow and I got out." And I think, "Ah, is it some type of spirit?"

"Maybe it's this, maybe it's that."

Participant: Yeah.

Why not just have some faith that it is God?

Participant: Well I did at the time but then I got scared again.

And then you get scared because of a suggestion from someone else. What does that tell you?

Participant: My faith isn't real.

Well, no, I don't feel so. You see remember faith is a growing thing. Your faith is not big enough yet to overcome the negative opinions of another person. So in other words, while you're alone, you believe in God enough to know that God has helped you. But as soon as you're with somebody who tells you that it wasn't God, it was a spirit, you then start having fear that it wasn't God. So that tells me that you are afraid of other people's opinions and you let other people's opinions modify your own experience. Why do you do that? Because you're afraid of what they think of you. You're afraid of what will happen if you don't do that. There's just a different fear. [00:59:12.00]

So you have some faith in God, and many of you have developed some faith in God. As yet it isn't at the top of your priority list, and that's the issue you face. That's why it is hard. That's why the emotional work is hard. The emotional work will be much easier if you had God helping you every step of the way but to do that you're going to need to have a relationship with God.

14. *An excerpt from AJ's book about communication with God*

In the first century I decided that my relationship with God was the very first priority of what I had to address and deal with. Just before the break, shall I read you something from this book that I'm writing? The first point I'm raising is - does God exist?

"To me, this was the first fact I needed to establish before I attempted to discover anything else about God. The question as to whether God exists was so important to me that I spent the first eighteen years of my life in the first century resolving this question. I felt then and still feel that it is pointless generating theories about God's Nature when the basic fact of God's Existence has not been established."

"During my life I have found that God has been consistently demonstrating to me the facts surrounding the truth that God exists. The constant presence of intelligence in the world and the universe surrounding me provided supporting evidence. The complex multi-purpose design and symbiotic relationship between all living things gave further confirmation. The design of the human being and the human's capabilities to feel and love indicates supreme intelligence and care from a designer. I began with the single theory and then I set out to establish for myself whether it was true or not. The theory was: if God exists, and God was the mastermind behind all of the creation I could see, then I am a child of God's Creation. And if God loved, then surely God would want to share God's Love with me and share all of His or Her Knowledge with me. That was my first theory."

"When I was very young, I decided that I would develop a desire to receive God's Love and Truth and, if I did actually receive it, I would then know whether God existed. So began my first experiment. What I found was this. That every time I sincerely had a feeling-based desire to receive Love from God, that Love would come into me from outside of me with such emotional force that I was overwhelmed emotionally and transformed by the experience every time. I called this sincere feeling-based longing and desire towards God, prayer." [01:02:17.18]

"I came to feel and think very differently to those surrounding me. I also found that each time this happened I automatically understood more about the universe that I lived in. In other words I found that I knew more absolute truth

automatically. God, through this experience, convinced me of God's Existence. Although I did not know when I began whether God existed, I now know the certainty of God's Existence. Not from supposition or from inference, but rather from having this continuously growing personal relationship and experience with God. Thus came to me the fundamental truth - God exists."

"While undertaking my experiment with prayer, I discovered three more simple, fundamental, universally important, deeply moving and life changing facts. Firstly, I found that each time I prayed, if I felt something about myself that I believed was true but was not true from God's Perspective, God's Love would not come to me. I found through this experience that God was telling me the truth about myself, and I needed to develop the quality of humility in order to accept what God was telling me, rather than holding on to my own definition of myself."

"Secondly, and even more importantly, I found that each time I prayed if I felt something about God that I believed was true, but was not true from God's Perspective, God's Love would not come to me. I found through this experience that God was telling me the truth about God and if I was going to continue to receive God's Love I needed to accept what God was telling me about Him or Herself rather than holding on to my own definition of God."

See many of you are still not giving up your own definitions of God, your own definitions of yourself.

"Thirdly, I found that each time I prayed, if I felt something about any subject whatsoever that I believed was true, but was not true from God's Perspective, God's Love would not come to me. I found through this experience that God was telling me the truth about the universe in which I lived. I needed to accept what God was telling me about the universe rather than holding on to my own definition of the universe, and if I did this I would come to enjoy my own experience of the universe in a deeper and more fulfilling manner."

"I could also now see with overwhelming wonder how God communicated with me and informed me. It was not with a voice that I could hear but through the feeling of love that I could feel. Thus I understood another fundamental truth, God communicates with all of God's children through the transmission of love. If I was closed to love, either its expression or its reception, God could not communicate with me."

"In addition every time I felt something out of harmony with God's Absolute Truth, I could not receive God's Love, even if I thought I still had a feeling-based longing and desire to receive it. I knew that the love was there since I had previously felt it, but I just could not receive it in the moment. I could not feel it enter me. I realised that this is how most people live throughout all of their life, not feeling God's Love enter them, not knowing what the truth is. I came to see that my own sincere feeling-based longing or desire for God's Love, in harmony with God's Truth about myself and the universe in which I lived, created an attraction between myself and God and God, under those conditions, established a conduit between God and myself. And God's Love then flowed through this conduit into me. I called this conduit, that I eventually came to see with my own eyes, the Holy Spirit." [01:06:19.16]

14.1. God communicates through love

So do you understand what I'm saying there about God's Love? You see if we're not open to love, and we're not open to either giving it or receiving it, then we can't communicate with God because the only way God communicates that I've discovered so far has been through the feeling of love. You could call love the language of God.

Now I'm not suggesting that love is a figment of somebody's imagination or anything like that. What I'm suggesting is it's a feeling that gets transmitted from God to you and that feeling has certain characteristics and attributes. One of the attributes is when you're out of harmony with truth it can't be transmitted; it can't be received by you. It can't enter you. If you can understand the fundamental truth that God communicates not with a voice but God communicates with the feeling of love and that for you to actually ever be able to hear God, you're going to have to open yourself up to love to firstly feeling love inside of yourself and expressing love out towards others from inside of yourself - in other words, open to the reception and transmission of love - then it's impossible for you to ever have communication with God. You can hear words but they'll only be words from spirits who might be either good or evil, you don't know. It's only when you can feel the feeling of love that you will know whether they are even good or bad.

So it's through this transmission of love, and without this transmission of love, none of these qualities - humility, truth, love, will and faith, the other qualities that I've mentioned there, can ever be developed.

So what I feel personally is that if, in summary, is if we have any hope of developing in love in our future, if we are to have any hope to do that, we must recognise that faith in the error and using our will in harmony with the error is never going to lead us to love. Never. The reality is you can have faith in things that completely harm and even potentially severely harm your life in a negative way, with pain and suffering. The reality is the majority of us on this planet are putting our faith in things that harm our lives and we justify it. We hold on stubbornly to the opinion and we refuse to open our heart to love. We refuse to open our heart to allow love in and we refuse to open our heart to love others. And because God's Language of Communication is love, it's impossible for us to have a relationship with God.

So what we'll do after the break is we'll talk more about prayer, and the power of it, what it does to your soul and how it opens your soul. So I would call the next section of what I want to discuss with you, the science of prayer. Thanks, guys. (Applause)

Faith & Prayer: Session 3 Part 3

15. Audience questions about soulmates

15.1. We will discover our soulmate before we become at-one with God

Are there any other things that you have a question about before I proceed?

Participant: There was a question about soulmates. Can I ask that now?

A question about soulmates?

Participant: Not about my soulmate. Just do you have to know who your soulmate is before you will be at-one with God?

No. But you will. (Laughter) You don't have to do anything but you will.

Participant: No, to be at-one with God though.

Before you become at-one with God you will know for certain who your soulmate is. You will. But you don't have to. (Laughs) Do you see the distinction?

Participant: No.

Well usually a person progresses enough in love to the point where they reach the third to fifth sphere in their condition. Once a person reaches that condition of love, they will know for certain who their soulmate is. And the knowledge is the knowledge, you know it, and you know. It doesn't mean you'll be together but you'll know.

Participant: Yep. Does it mean you have to actively look for that knowledge?

No.

Participant: It just happens.

Yeah. Definitely happens. Like all of the things that God does. Remember seek first God's Love and all these other things will be added to you. You will know for certain who it is. You may not be able to act upon it, for moral reasons, you may not be able to do much about it yourself because of their attitude; they might be in a rage, and there's not much you can do about that until they work through their negative emotions. But you will know. [00:05:54.16]

15.2. Receiving Divine Love impacts both halves of the soul

Participant: Actually another one. When you receive Divine Love, does your soulmate receive that as well?

Well it's your soul that receives it and you're only one half.

Participant: So it impacts them in some way?

Of course. Every time you receive Divine Love it impacts upon them, yes. Every time. So some of you are going, "Shall I receive Divine Love anymore?" (Laughter) It's like, "I don't know if I want to receive Divine Love if I'm going to meet my soulmate! I want control."

15.3. Emotions and feelings passing between soulmates

Participant: In relation to what Teresa just mentioned, with the soulmate, could the same emotion be felt by them too, when you're going through something? Something similar?

Not always. It depends on their sensitivity and your sensitivity. Obviously the closer you get to God the more sensitive you become emotionally, and therefore the more in tune you are with everyone around you, including your soulmate. Of course with your soulmate being the other half of you, you're in tune with them the most. Now because you're in tune with them the most, you will feel their feelings the most but only if you're open to feeling those feelings.

So if they're still struggling to work through fears and other type of emotions that are quite intense, then it's highly unlikely they'll be sensitive enough to feel any of your emotions that you're going through at the time. But if they've worked through some of that, then it's highly likely they will start to feel you. So before I met Mary, I could feel what emotions she was going through.

Participant: Yep I'm sort of meaning something a little bit different, where if I go through some sort of emotion about something, can that trigger something similar in them?

Of course.

Participant: Like a similar ...

Oh not necessarily similar. There might be all sorts of injuries that your soulmate has about that issue. If you release some of your blockages, now there's an opening to your other half and so now the other half is almost forced, if you like, to go through those same emotions. Or they will have to exercise huge amounts of resistance in order to cope with their life. So what you often see first is they exercise huge amounts of resistance, they go into rages and they carry on, and then after a while they stop their rebellion and then they actually deal with the actual emotion. [00:08:34.12]

Participant: AJ, I feel that I'm pretty lucky in that my mother does quite a bit of emotional processing as well, and being sensitive I can feel that it makes it easier for me to then feel the same issues.

It definitely does.

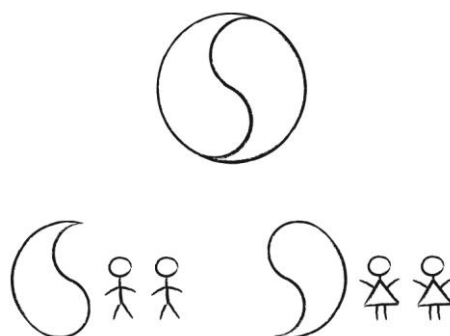
Participant: It doesn't clear it. I know that. But it does make it easier. So if I were to deal with an emotional injury, would that then make it easier for my soulmate to deal with that similar emotional issue?

Yes, and even to a greater extent than it does if you're the parent. Are we getting rid of some fears here? Exercising some fears about soulmates, is that what we're doing? (Laughs)

15.4. The beauty of the God's Design of soulmates

Honestly the beauty of what God has created cannot be underestimated. One thing that we constantly do as humans is we constantly think through our own emotional filters about these issues, and we've got to start giving that up. We've got to let go of that because the way God created this issue of soulmates, the issue of relationship with God, the issue of your own soul and its development and all these other things is just so beautiful that it makes no sense at all to fight the process. No sense at all. Yet we still fight the process. Fighting the process is not logical to do. If you're pushing your soulmate away, you're just fighting the other half of yourself. You're actually constructing a fragmented self. [00:10:20.17]

Remember that in the pure state, you and your soulmate are joined. You are joined with each other. So when you're in this state, where you've got half one and half the other, and you've got your two bodies, that's not the state that God created you to be in; that's the state that God created so that you get to know yourself, and then the other half of yourself. So God's created this as a temporary state, not a permanent condition. God created the complete soul as your permanent condition, a unified state with the other half of yourself.

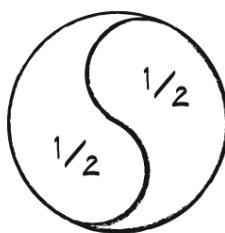


God created the complete soul (above) as a permanent condition, but the separated soul halves with bodies (below) as a temporary state

If you look at the world today, many people on the planet say that all we're trying to do as a human race is discover ourselves. One reason why we've all failed at it is because we're not discovering that we're only one half of ourselves right from the beginning. (Laughs) That's one of the reasons why it's difficult.

So there are a lot of advantages to allowing yourself to go through this process of discovery. Of course, it's not going to be some kind of idealistic fantasy because both of you have injuries. Both you and your soulmate have emotional problems that you are facing. Of course those emotional injuries are going to get confronted at some point in the future, and so of course it's not necessarily going to be all passion and fireworks at the beginning. In fact there might be fireworks but no passion. Often that is the case because we have so many injuries with the opposite gender, or in the case of a homosexual soul with the same gender, and with inter-gender issues. So we have to work through them if we are ever going to really join with our soulmate.

God created it like that because it's part of the perfect plan for your future awareness. You see the complete soul is your real self. And if I am only one half of my real self, I will never be able to have the power that the whole has. I'm never going to have the happiness that the whole has. I'm never going to have the experiences that are possible in terms of what we can create in the universe that the whole has. So while I'm fixed on staying one half of myself, I am fixed on controlling my future development.



God created the two halves of the soul to be combined

Now God wants you to have an infinite future development. God wants you to continually grow, grow infinitely towards God. That's what God wants. And while I'm trying to stay one half of myself, and drawing a line between myself and the other half, what am I doing? I am controlling the process that God has created for us to naturally achieve. [00:13:45.01]

Now that process can only happen through the reception of love, like many other processes. You will not understand most of the things in the universe without the reception of God's Love, that's the reality. You'll think you do, but you won't. You can't understand something until you experience it, and you won't experience it unless you receive Divine Love.

16. The science of prayer

So that's one of the things I'd like to talk to you about, is this process of prayer, which is the thing that causes you to receive Divine Love. It's very important for us to understand the scientific process of prayer. It's a science in itself and can

be understood by anybody, even a child. So it's easy to teach and it's something that we need to learn how to engage.
[00:14:36.10]

16.1. God communicates through love (continued)

Let's get started, shall we. So the first thing is about communication. How does God communicate? What's God's Language?

Participant: Love.

Okay. God's Love - so we're talking now about Love that comes from God, God's Method of Communication. Not your love. In the end your love actually becomes your method of communication. This is a significant thing to understand in the end. Your only real future method of communication is not a language, it's not English or Spanish or something like that, and it's not even an intellectual thought process that happens with the spirit body, with a person who's a spirit, which is a transmission of thought packages from one to another, but rather in the end it becomes the same kind of communication scheme that God has, which is the communication scheme based on the flow of love.

So firstly it's God's Love and then there's "little" love, spelt with a lower case "l", and that's ours. So this is the communication, the language if you like, or expression of language between ourselves and God.

① COMMUNICATION
LOVE (GOD'S)
LOVE (OURS)

16.2. God never communicates through words

Anybody who says that they hear God is not telling you a truth. The reality is that God does not communicate with words at all, and never will. If they are hearing words, they are hearing the words of a spirit claiming to be God. It's quite simple. So whenever you hear somebody say to you, "Oh, I hear God all the time, and God tells me these messages all the time," you know what's going on. They're automatically hearing a spirit talking to them and that spirit is either claiming to be God or suggesting to you that they're God or making out they're God, and obviously being deceitful in the process.

Now some of the spirits don't feel it's a problem because they believe they are god. There are plenty of spirits in the spirit world, particularly in the sixth dimension, that believe they are god, personally. Now they're not, but they believe that they are, and so they don't feel they're lying when they talk to you and you hear it and you say it's God. [00:17:18.09]

16.2.1. An example of a participant's boyfriend communicating with spirits

Participant: I'm just wondering - is it loving to point out to a person if they're saying that they're talking to God all the time, to say, "Well, actually I don't believe you're talking to God. It's a spirit"?

You can talk to God all the time. If they say they're hearing God all the time, well that's a different matter all together.

Participant: Yeah that sort of reflects back on what you said about Christians and their beliefs before, because my boyfriend's a Christian and he talks about things a lot.

And does he want to know the truth? I've met your boyfriend, haven't I?

Participant: Yes.

Yeah, he doesn't want to know the truth. (Laughs)

Participant: He's interested in it.

Yeah but he doesn't want to know the truth about his own relationship with God and what's really going on. He has a spirit with him that's quite heavy on him and, as you know ... [00:18:12.06]

Participant: Righteous.

Yeah, a self-righteous spirit and he's been quite influenced by him but he doesn't want to know that so it's hard to tell him something that he doesn't want to know.

Participant: So I'd be unloving trying to explain that to him.

Well, yeah, if you're in a relationship obviously you would discuss these matters but if he says, "No I can't agree," then that's the end of it until he works through his own issues about it, isn't it?

Participant: So agree to disagree.

Yeah. You'll have to. I don't know how the relationship will go under those circumstances but ... (Laughs)

16.2.2. An example of a participant communicating with spirits

Participant: Hi, AJ. I talk to God all the time and ask questions. Sometimes I get answers to my questions.

Verbally?

Participant: Well sometimes emotionally. Sometimes I may hear an answer back. Where do those answers come from then?

From spirits who are with you; some of them will be guiding spirits, and other ones will be guardian spirits and other ones will be just spirits who surround every person. Now every person who ever lives and who ever will live will be surrounded by spirits sometime in their life. Obviously we need to determine their condition before we listen to them. The majority of people on the planet have a large problem determining the condition of spirits they're hearing. [00:19:51.19]

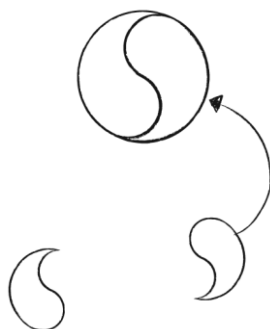
Participant: So could any of those answers actually be coming from God?

No. Not directly. With the exception of the ones that are emotional. If they're based on the emotion of love, then they will. So then it could be emotions coming from a spirit or it could be emotions from God and you have to know the difference.

I suggest to you though that every time that you receive an emotion from God, because we are finite beings and God is an infinite being, you will be overwhelmed. Every time. So you know all of you who are trying to stop being overwhelmed? Give that up too. Because you will be overwhelmed every time when you receive something from God. That makes sense, doesn't it? If God's an infinite Being and you're a finite being, how can you not be overwhelmed every time you receive an emotion from God? And that's one way of telling who's communicating with you actually. If you're not overwhelmed by it then it's highly unlikely that it's God, even if it's claiming to be God. [00:20:50.24]

16.3. Our feelings towards God communicate with God's Soul, which is located outside of the universe, instantly

Let's continue before we ask too many questions. What I want to get across is that this love is an exchange process. Communication involves two or more parties, does it not? So, if we look at it from a God and our perspective. Here is God's Soul, and here is our soul. Now of course we're one half, and our other half is somewhere, and one half decides to exercise a desire to receive God's Love.



One half of a soul (below) decides to receive God's Love from God's Soul (above)

Now this desire to receive God's Love communicates with God's Soul. It's the desire itself, which is a transmission of a certain type of energy that transcends the boundaries of the physical universe.

In other words, if we look at it from this perspective, let's say we can draw the physical universe (AJ draws a circle on the whiteboard), not that you can draw it like that, and let's say we are here on Earth, in the physical universe. We're going around the sun, and the sun's going around the black hole and that's going around another black hole, and that's called the galaxy. All of these things are happening all at the same time.

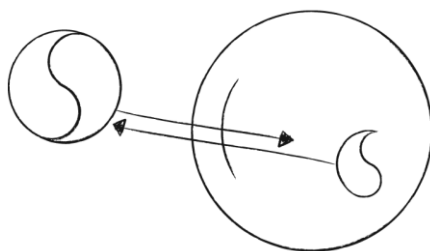
If we had to transmit from Earth using our current technology, mankind's current technology, to the other side of this galaxy, it would take thousands of years to get there. Now it would also be quite an attenuated signal. In other words it would be very, very low and pretty hard to listen to, because of course signals disperse.

It's different with the signals that go to God. God exists outside of the universe, and when we have an emotion directed at God, it's very specific and direct and it is not attenuated. God feels it as we feel it. This is part of the science of prayer. God feels it as we feel it. [00:23:00.11]

If you are a spirit, you can actually see it happening to a degree. When I say see it happening, you see a colour coming out of the individual and going off into a place that you cannot trace. So no spirit at this point in time has been able to trace it to its source, to the direction it goes. They can trace it to a certain point until they get beyond the universe in which they live, and then they can't see where it goes after that. It is a colour that gets transmitted, a blue-ish, burgundy-pink sort of a colour. It's really hard to describe. I'm just looking for one of you in the audience that might have the colour but there's nobody here wearing anything like it actually, which is interesting. It's sort of like a mixture of a pink with a kind of a blue, blended with each other. And as a spirit you can see it.

Participant: Can spirits also see God's Love coming back to the person, but not knowing where it's coming from?

Exactly. They can. When God transmits Her Love back, the spirits can actually see it. They can actually see the Holy Spirit, which is the part of the connection that happens as a result. That's why they call it that. Besides the fact that I invented the term (laughs), now most spirits in the spirit world call it the Holy Spirit. That's what they see. So they see that coming back.



Spirits can see emotions, which are coloured, leave people who are within a galaxy in the universe (right), and exit the universe (towards God, left). Spirits can also see God's Love re-enter the universe.

Now these transmissions are not bound by time and space. So normally a transmission that we would send anywhere in the universe under our current constraints would be bound by the speed of light and also by time. So in other words, if we sent a signal now to our closest star, our closest sun other than the sun, it would reach there eight years later. That's our closest sun. So we send a signal now, and that's travelling at the speed of light, that signal would take eight years to get there, to our closest neighbour.

Now of course if you are wanting instant communication with God eight year delays are not very good. You can see that. In fact this is why God created a whole series of things that the human soul is capable of extending beyond the physical boundaries of the universe in which it resides.

Now remember, from a scientific perspective, there are at this point in time thirty-six known dimensions in what you call the spirit world, including this physical one. Now, given that case, if I am living in one of those dimensions, and I can't get to the next one, but God created my soul with the capacity to communicate beyond this one that I'm in to the next one, and in actual fact to receive communications back as well. This is how many of you who are mediums can transmit information from people who are in a better condition than yourself, because they reside in a place that's in a different dimension. You can't get to that dimension, you're in a different dimension, but when you communicate with a certain type of communication, there is this substance that leaves you and enters their dimension without you going there. You can't physically go there, but the feelings and emotions that you're transmitting can get there. [00:27:15.07]

This is what is happening with God, with one exception, and that is God's Existence is outside of all of the known dimensions and as long as you have this direct feeling inside of your soul that you would like to receive and give God love ... because remember you can give God love. Many of you have not tried yet but you can. You will be able to transmit these feelings to God, unrestricted by time and space. God will instantly feel them.

16.3.1. God is extremely sensitive

In fact God is so good with this that God can feel when you're going to transmit feelings towards God, whereas people on Earth and even in the spirit world are not always that good. God can feel you're going to do it, and in fact one of the truths of the spirit world is that God often sends spirits to you before you have actually had the prayer to help you have the prayer you're going to have. (Laughter) Now does that blow your mind or what? That's pretty clever, isn't it?

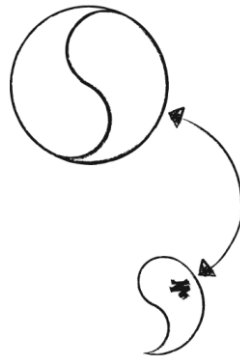
So God is ultra sensitive to everything that's happening in the universe. In the first century I said, "God knows the very number of the hairs on head," and if you ever see Mary and I scratching each other's scalp, it's because we're trying to count the hairs on our head. (Laughter) It's not for any reason. (Laughs)

God knows these things. I said also that God knows when a little sparrow dies; God knows every exchange of energy that occurs in the universe God has created: every single exchange. I know that because I've seen God's Awareness of it in action through the last two thousand years of my life. You will also become sensitive to that the more you receive God's Love yourself. You will start noticing how much God is aware of. God is aware of everything - everything down to the minutest detail. The smallest particle known to spirits, they call adamantite particle, is the smallest building block physically existing in the spirit world and God knows where every single one of those particles flows. It's pretty incredible really, isn't it? But trying to understand the infinite is a problem in itself when we're so finite. [00:30:06.13]

16.4. We need to be open to feel God's Feelings for us

Anyway so we have love, our love, and our love can be transmitted to God by having the feeling of love for God, and God's Love can be transmitted to us by God having the feeling of love for us. However God's Love might not be received by us, and this is our problem. We have to be open to the reception of love in order to receive love. That makes sense, does it not? It's like saying, "Okay, I've got a bottle here and if I leave the lid on, can I fill it up with water?" Well unless it's already filled with water, no I can't. I have to take the lid off, don't I? I have to take the lid off in order to receive. I have to open the bottle up to the reception of water, otherwise it's pointless.

It's the same with our soul. Our soul has to open up somehow to the reception if we're going to have communication. See it's one thing for God to love us, it's quite another thing for us to feel that God loves us. For us to feel that God loves us, we need to feel it inside of our soul. It needs to flow in our soul. For that to happen, we have to be open to love. And for it to happen completely we have to be open to love, masculine and feminine love.



Our soul needs to be open to feelings God's Feelings for us

16.5. How God feels about our love for God

So it's a very beautiful system where God's Soul is always open to every single one of Her Children, and whenever we have a feeling of love for God, God always feels it. Do you know one of the main reasons why God always feels it? Because the feeling of love that you have for God is a very special feeling for God because it's not under God's Control. It's something that God does not have from everyone.

So the reception of your love, from God's Perspective, is very important to God because God does not have control over your soul and how it expresses love - that's what free will is. God gave you the free will to express your love in the direction that you want. As a result of that, God is not controlling how you express your love. So when you express your love to God, it's a very special time for God.

Now many of you have not considered this – is that not true? You go, "I'm not important to God. I can't see what benefit God would have with having a relationship with me." There is one extremely important benefit from God's Perspective and that is that God receives something from you that you have control over completely, something that God doesn't normally get from you. Isn't that a beautiful thing that God's given you this ability to make God's Heart glad, or gladder than it already is, we should say. [00:33:58.10]

16.6. God feels all of our feelings towards God

Participant: I was just wondering about that. Is it possible to do that even while you've got conflicting emotions with God too?

Well obviously not properly, is it?

Participant: But just for a moment maybe?

Just for a moment, yes, but not properly. It's like if I've got a heap of anger with God and then all of a sudden there's something that happens in my life and all of a sudden I just have this lovely feeling for God. Well God feels it in that moment. But if I've generally got anger with God, well God's feeling the anger most of the time.

It's like with your relationships with someone else. If you're in a relationship, let's say it's a partnership type relationship, and you're angry with them most of the time, so what are they most of the time feeling from you? Anger.

Participant: The anger.

And then occasionally you feel like a desire for them, then what do they feel in that moment? Some desire. Now for the majority of us, we have dominant emotions that we feel about God, dominant emotions that you feel about other people. As a result any person who's with you will feel the dominant emotion you have for them most of the time with the exception of the moments where you have a different emotion. It makes sense, doesn't it? If you have an emotion dominant inside of you - anger towards men, for example, then most men around you are feeling your anger with men. And then in a moment where you have a moment of clarity and you realise that all of this anger with men is all about your

dad and you have a big cry about your dad, and in that moment of time you're now clearer with men, now those men feel the difference from you in that moment. It's exactly the same with God. God feels everything you're feeling for God in the moment you feel it. [00:35:47.13]

16.7. Sincere longings towards God can only be received by God, while insincere longings can be received by other people

Participant: Can I ask another question?

Yep.

Participant: It's about like if you feel that you're having a longing for God and you have an emotional feeling with it, is it possible to just be having a relationship with a spirit that way who's just stepping into the process?

Well it depends whether your longing for God is sincere. It's all driven by sincerity. So if your longing for God is sincere and it's pure no other person can receive your longing for God. But if your longing for God is insincere and driven by an addiction and then any person in the universe can receive it. So it gets down to whether the longing is pure, sincere, and based on truth inside of yourself. So you can't fake it with God.

Let's say you think you have a longing for God but the reality is you just want God to come and make a lot of your life better, and you want some addictions met, and you really want God to just tell you that you're great and there's no problem with you, and all of those things, which are all addictive. Under those circumstances what will happen is you'll send that out and it won't reach God because God doesn't respond to insincere longings, but it will reach myriads of other souls in the universe, including souls in any condition.

Now if one of those souls wants to respond they will. Why would they respond? Well they might have an addiction to meet your addiction and so they respond with a feeling and you go, "Oh this is God!" No it's not God because you're in an impure, addictive state. Therefore it's not God. In the moment you have to be in a pure longing for it to be a connection with God.

So people worry all the time and go, "Am I connecting with God? Am I connecting with spirits?" All you have to do is ask yourself one question - am I being sincere? Because if you're not sincere, you're not connecting with God. God only connects to your sincerity.

Now God is always trying to influence other spirits who are sincere in their connection with God to help you have a sincere connection with God, and with varying degrees of success depending on their level of sincerity. That's the normal process. [00:38:21.05]

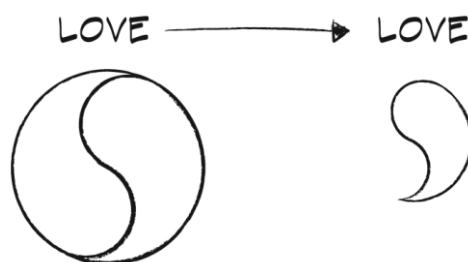
So the main question we have to ask ourselves is - is this transmission and desire for reception pure? Is it really there? Do I have a longing? Now there are moments in your life where you do. Usually it's only little moments unfortunately. What we want to do is get it to be twenty-four by seven, that's the goal in the end. But when you start, it's just going to be maybe five seconds, two seconds. You have that two second longing, and all of sudden you start feeling overwhelmed and what do you do? You shut it all down! There it stops. Bang. Because you're now using your will to stop the flow. You've now closed your soul to the inflow of the love. Remember I said it will always overwhelm you because God's an Infinite Being; it's always going to overwhelm you.

Of course it doesn't overwhelm God but God does get emotional about it. And when I say God gets emotional about it, God has extreme feelings of beautiful feelings of love when you have a feeling of love for God. The reason why is because it is an emotion that God knows He gave you the gift to use however you wish. And so you have the power to make God's Heart glad. Isn't that a beautiful concept in itself?

17. *Conditions under which we can communicate with God*

So here we go. We have this communication scheme, if you like, which is a scheme that has been scientifically proven by large groups of Celestial spirits. Any person who's become a Celestial spirit knows this is the science of communication between God and ourselves. And the communication scheme is the Love of God is transmitted to us. [00:40:27.17]

So remember we are our half of the soul, most of the time when we're starting this process, and there is God's Soul. Now for this to work properly it makes sense that four things have to happen. Firstly, our soul has to be open to the reception of the Love and our soul would need to also want to give the love. So we have to be open to the reception and be open to giving. So we have to be able to receive and give love. God's Soul would also have to do the same but this state is automatic with God. God wants to do that already with you. God is already attempting to do that with you, right now, even right as we speak, God is wanting you to receive God's Love. God wants to hear from you and feel for you constantly.



Communication with love between God's Soul (left) and ours (right)

So really what happens is the only thing that prevents us from receiving the Love is our own soul. That is the only thing that stops us from receiving the Love.

17.1. *An example of a participant who is closed to receiving God's Love*

Participant: I think probably my only repeatable experiment that gives me consistent results is that I can love God, feel love for God, and I feel this very consistent warmth and inner emotion in return. But I have a belief that I am closed to receiving love and I feel quite fatalistic about that and I just sort of often think well, maybe at some time, something magical will happen and I'll be able to receive Love.

Can I stop you for a moment? Nothing magical will happen in order for you to receive the love.

Participant: I don't know how to open the bottle.

Yeah but you're not being honest with yourself. You believe that something magical might happen in the future to receive the love. Karen, you're not even hearing what I'm saying now, at all. So if you're not hearing what I'm saying to you, how are you going to receive any truth from God? And this is the issue; it's an issue more of truth, is it not? When I say a truth to you, you're just closed. Your heart's closed to hearing it.

Let's just look at it. The reality is you're saying that you don't feel, and I don't agree, but this is what you're saying - you're saying that you have a feeling of love for God, and in that moment you do feel overwhelmed emotionally. Is that really what you're saying?

Participant: I don't think I feel overwhelmed, it feels like God's Love is surrounding me but not getting in to me.

I agree completely with that statement. Agree completely. And that is because you are closed to the reception of love.

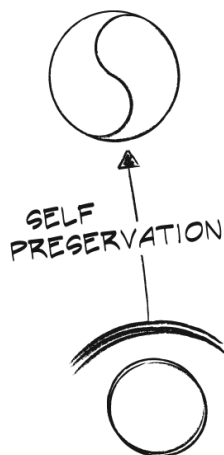
Participant: Yeah, and I don't know what to do about that.

Now you're not being honest. It's under your control. Your control. Not God's. It's almost like you're angrily blaming God for something that you are doing. Many of you do this, I notice, where you almost think like, "It's not happening, so it's

not my fault. I've tried." And I'm going, no, hang on a second, that's not how it works. How it works is you've got a block here, you put it here, you've got to remove it. [00:44:34.08]

Participant: And I am aware that in relation to my parents I want to protect myself from what is coming ...

Exactly that's one of the emotions. Yep, I agree, a desire for self-preservation.



A desire for self-preservation can act as a block to receiving Love from God

Participant: But I understood from earlier on in the discussion that I don't have to clear everything with my parents before I can start receiving Love from God.

No you don't but the reality is you are preserving yourself. You are blocking God's Love and you're going to have to remove that block if you're ever going to receive Love from God. And that block is under your control. There's no magical process other than you working through the issues to find out why you're blocking. There's not going to be any magical solution here, and you want there to be one, which means that you're actually angry and you don't want to address that.

The reality is every one of our blockages to love usually has some anger associated with it; otherwise we wouldn't be blocked to it. Most of our angers are about the feeling when we were a child that we were controlled by other people's "love for us"; that we were manipulated by them. That we were pushed into doing things that we didn't really want to do, and those kind of belief systems.

God will never do that with you, but you don't believe that yet, and that's why you stay blocked to the flow of God's Love. You don't believe it yet - you're going to need to work on these beliefs rather than having faith in them. Remember in our earlier discussion faith in the error blocks you until such a time as you decide to no longer have faith in the error. At the moment you have faith in the error. You believe that you should maintain self-preservation and what I'm saying to you is you're going to have to take an active step inside of your own life to give that up, otherwise no love will flow.

We can't say that there's going to be some magical solution to that. It's under the control of your own soul and it's only your own soul that can remove it. The only way you can remove it is by feeling what the cause was. That's the only way to remove it. Now you can pray for knowledge of the cause, you can ask some spirits help to give you knowledge of the cause, you can do all sorts of things in your private life to work out the cause. You can do things like I've done, where you make tables of what are my feelings, what are God's Feelings, what are my fears, and all those kind of things, but at the end of the day, until you feel it, the block will remain. And you're unwilling to feel it. [00:47:23.00]

Participant: Is it helpful to start with going through the feeling that I can't do it?

Yes? Very, very helpful. In fact, essential. Essential. That is one of the feelings that prevents the flow. The feeling that I can't, and there has to be some magical solution. That is one of the feelings you're going to have to feel, definitely. Yep.

17.2. The flow of God's Love to us is dependent upon how we treat others

So do we understand how there is this process that many of us have, and that is that we block this flow between ourselves and God? We either block the outgoing, or we block the incoming, or we block both.

Now one of the things I'd like to point out to you is that the way God's Love is, is that it's very sensitive to the way you love others. In other words, God will feel that you are being insincere with God if you at one time want love from God while at the same time you hate your brother. If God can sense from your soul that you want love from God but at the same time, in that moment, you are desiring to hate your brother, God's Love cannot flow. Because God's Love is sensitive to how you feel about all of God's Children.

Now that makes sense, does it not? If you had children, wouldn't your love be sensitive to what's going on if one child was treating two other children badly, and wouldn't you wish to surround the people who are being treated badly with more of your love? And wouldn't you want to try to correct the one who's being unloving? Well this is how God feels with you. Exactly the same way. God's Love cannot flow while you are actually in a state of judgement or harm of others. No matter how much longing you have. [00:49:34.02]

Now remember I said that these are instantaneous moments in our life so there might be an instantaneous moment in your life where all of a sudden there's no judgement, and you have a longing for God's Love, you will receive Love then. But if you have judgement at another time inside of your heart that you're not letting yourself feel, or that you are feeling and projecting at somebody, and then you expect to get some Love from God when you ask for God's Love, you're not going to receive any because God's Love is sensitive to all of God's Children, not just to you. So there are times in our life when we have these emotions.

17.3. Different types of emotions within our souls

Now many of you don't understand there's a state in your soul where the emotions are stagnant. So within our soul, we often have a whole group of emotions that are completely stagnant. They're like a hard rock inside of our soul. Now those kinds of emotions won't flow in you. And if they do flow they'll only flow under certain triggering circumstances.

Then there are other emotions that you have, right at this moment, that you let flow through you. Every one of those emotions that you let flow, everyone around you can feel. It takes a very sensitive person to feel the emotions that are hard as a rock inside of you, and for good reason; because it's not flowing, and therefore not creating much energy as a result of its lack of flow.



Some emotions within our half soul are hard and stagnant (illustrated by the circle within the half soul), while other emotions flow through us

Now when we understand this, we start to understand how God feels us. God can sense and feel all of those emotions that are hard as a rock inside of us, but don't flow. They don't flow; they're not going to flow into God's Soul, no matter what they are.

So if you're really hard hearted about love, that's a problem. And many of us are hard hearted about love. We have a very mercenary belief system sometimes about love. Many of us are disillusioned with love, cynical about love, and these are all emotions that are very important to deal with if you're going to ever communicate and receive communications from

God; because if you have all of those kinds of emotions, they shut down the process of the soul loving. Remember this communication, prayer, communication between yourself and God, is the result of feelings and emotions that are expressed.

17.4. The flow of God's Love to us is dependent upon how we treat others (continued)

Participant: When you were saying before if you have feelings of hate or anger towards someone else you can't receive God's Love, can you ask for God to help you feel why you feel that?

Certainly.

Participant: Because I've had that where I've gone to God and asked why do I feel this way? And then I realise why and then God's Love has come after that.

Yes see God is always responding to a humble heart. God will always try to tell the answer to a person who wants to know the answer. So these are conditions in time. Don't think that everything I'm talking about is something that's right across the board, because it's not. In any one single moment you have different feelings. As a result of those different feelings there will be different responses from everyone around you, including God.

At any one moment in time, you may have a whole series of different types of feelings. And usually we feel one feeling in a sequential way, but one feeling often opens up to another feeling and so forth and so forth. So in the course of even a few minutes you can have a longing for God and then feel angry and then have a cry and then have a longing for God again. And in those moments different things will happen as a result. Remember it's not a static thing. It's an ever-changing thing. That's the key thing to remember. [00:53:59.04]

17.5. Our feelings about love impact on communication with God

What I'd probably like to do is use this model of communication with God as a basis for tomorrow's discussion because it's very important that you understand this principle, even from an intellectual perspective, that the communication mechanism between yourself and God is only love. If you are blocked to love in any way, it's transmission or it's reception, then there will be an interference with your communication with God.

One day in your future you're going to have an emotional awareness about that, and it's going to just blow you away, because it's such an important truth. You have no idea at this point in time how important it is. When you really understand it, you'll probably cry for a few days about that one truth. It's just an amazing truth that will affect the rest of your existence, because it resolves so many problems and so many questions all in just one truth - questions that at the moment many of you have asked in the past and I've given you answers but really this one answer, from a soul perspective would have resolved all of those questions at once.

18. The science of prayer (continued)

It is such an important truth to understand that communication with God occurs through this mechanism of love. From a scientific point of view, it's an instantaneous communication. God's Soul is aware of things before their events, before the events occur. God even knows when you're going to do it. You don't know when God's going to do it, but God's doing it all the time, mind you. So perhaps you do know when God's going to do it. But the reality is, God knows when you're going to do it. God knows when you're going to have a sincere longing for love before you even have one. That's how aware of you God is.

So don't go around thinking or putting faith in the idea that you're worthless from God's Perspective, which is what most of you have been doing. Most of you have been putting faith in this false concept that God doesn't care, God doesn't know, God isn't aware of your life, what's going on, how you feel. That is all untrue. The whole lot is untrue. Stop believing things that are untrue. Stop putting faith in things that are untrue. Have some faith in what is true. [00:56:57.09]

What is true is God is instantly and pre-aware of everything that is going on in your life. God even knows exactly why you've made every single choice you will ever make and that's why God can be pre-aware - about every choice you're going to make, given the situations and circumstances.

So this understanding is very, very important to your understanding of prayer. See how many of you have thought of prayer like the religions teach you prayer? Most of us do. Whenever we hear the word prayer, we think that's what it means, you know like, "Hail Mary, mother of God," or, if we don't think that, we think, "Ah maybe I'll just have a talk with God," and while talking with God does help, it helps only in opening up our soul.

18.1. Prayer opens the soul

Now there are quite a lot of things I haven't discussed with you yet about prayer and its operation upon your own soul because actually prayer has a larger operation on your own soul than it does on God's. Before you receive Divine Love, prayer itself, which remember is the sincere, heartfelt longing to receive God's Love, has a larger operation on your own soul that it does on God's.

When you have a longing; remember prayer is a longing. If you imagine your soul is like a closed ball, all uptight; that's how most of us live our existence here on Earth. We're all closed down and uptight.



Most souls on Earth are like a closed ball

Whenever you have a longing for anything it opens your soul up to that thing. It creates an opening to that thing. This is why your desire is powerful. Every time you desire something, your soul actually physically opens up to that thing, if you could watch it with a camera. Every time you have a pure desire for it. It's hard for me to put into words what I'm trying to get across to you, so please understand that. [01:00:11.22]



Longing for something opens our soul towards that thing

It's if you're like all scrunched up into a ball, and you can think about like your hand, if you're like a fist, and somebody gives you something, can you receive it? Of course you can't, unless it's smaller than your fist and even then it's just going to maybe fall off or whatever. But if you open your hand, and somebody gives you something, you can grab hold of it. You can hold onto it and pick it up.

Now if you can think of your soul in a similar way in that when you create a longing inside of your soul, physically your soul opens up to experience that thing. So prayer has a greater effect on your own soul than it does on God in the sense that it stops you from being closed. And remember the only thing that prevents you from receiving Divine Love is you being closed because God already wants to give you the love. God wanted to give you the love ever since you've been created, ever since you existed. The only thing preventing the flow of this love into your soul is your own closed down state.

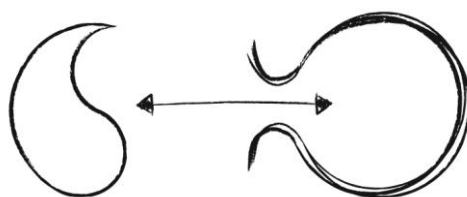
So as soon you have a longing in the direction of God's Love, your soul opens up a hole in your soul and now that thing that you long for, and in this case, God's Love, the thing you long for, can flow into it. So prayer has a greater effect on your own soul than it does on God's.



Longing for God's Love creates an opening in our soul that allows God's Love to flow in

Now once that opening is made, obviously things can flow in: the bigger the opening, the more things; the smaller the opening, the less things. Remember this longing is also like a signal to God that transcends the boundaries of the universe in which you reside, and enters the Soul of God as a feeling, which God feels and can respond to in some way.

By the way it's exactly the same way in which you relate to others. Every time you have a longing for somebody else, they will feel it as a feeling, and their soul has the ability to respond to if they choose.



Longing for another person opens our soul towards them

Now the difference between anybody else and God is that God always chooses. God's always loving and God always wants the feeling because it's the only feeling that God knows he can't get from you unless you want to give it. Unlike other people - they'll try to take it from you at any time. Is that not true? Yeah.

Participant: Does the longing release the blocks? Or brings up the blocks or ... where do the blocks go?

No, no. The longing does not release the blocks. The blocks might be still within your soul but the longing will create an opening for love to enter you and the love will do its work. It'll do its work if you allow it. The blocks can only be released by you opening a part of your soul and have a longing to release them. If you do not have a longing to release it, then the block cannot be removed no matter how much longing you have for God's Love and no matter how much of God's Love you receive. [01:04:26.01]

You can actually receive God's Love without making any changes in your life. That is physically possible to a degree, and in fact many people do it. The reality is there are many people on this planet who have received Divine Love and yet their belief systems and their desire to not release false beliefs causes their soul to close back up and stop the blocks from releasing. Eventually nothing more can go in because something has to come out in order for more to go in. This is the problem we have as well. Every time we shut down, what are we doing? We're just closing down the whole process, every single time, to our own detriment: every single time.

Participant: Does the application of will in that process have an effect on that opening of our soul as well?

Of course our longing cannot be generated without your will being involved.

Participant: So the will and then the longing is in that process.

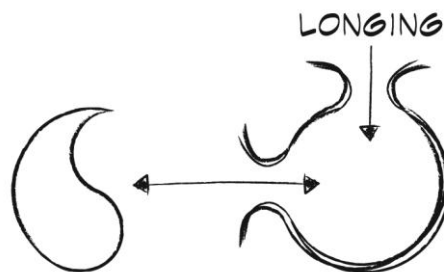
Of course. Yes. But remember the longing is a generated feeling. So you have to use your will to generate the feeling. You can't use your head to generate the feeling; it has to be coming from an emotional state within you, not a head-based state. So the reality is you can do this all the time, you can receive and give communication with God all the time through your soul even when you're talking to other people because it doesn't need your words, it doesn't need your thoughts, it needs your feelings. The reality is your soul is capable of feeling things while you're thinking other things. So it's a pretty good soul. God designed it, that's why it's pretty good.

18.1.1. Longing for our soulmate opens our soul towards them

This is the beauty of what we need to understand. Every time we generate a longing there is an opening to reception for whatever it is. So if I said to you, "None of you are going to find your soulmate until you have a longing for them," can you see what you've got to have to do? You're going to have to do with your soulmate exactly the same thing as you're going to have to do with God. You're going to have to open and have a longing for their love to enter you before you are ever going to probably meet up with your soulmate. Other than that, you'll meet your soulmate accidentally perhaps but you won't even recognise them. It's the longing that is going to generate the relationship.

Now if you've got sadness or anger about the opposite gender, assuming you're a heterosexual soul, you've got sadness about your opposite gender, then of course there's not going to be much longing. So they're not going to feel your longing and as a result they can't be drawn to you. It's all under our own control but not from our head, not from our addictions, but from the pure, emotions that exist in our soul.

So this beautiful thing that happens, which is the opening of our soul, can only happen with prayer towards God. If we want to open towards God, the opening of our soul towards God can only happen with prayer. And the only way that you're going to have an opening towards your soulmate is basically having a prayer for your soulmate's love, which is the same kind of thing towards your soulmate, towards the other half of yourself. So if there are two connections that you want to develop a longing for, and understand communication about, they are God and the other half of yourself, to the other half of yourself. [01:08:37.08]



Longing for God and for our soulmate opens up our soul to God and our soulmate

If you do not have a longing for the other half of yourself, you will never be able to receive the love that will come from the other half of yourself. And if you do not have a desire to give that other half of yourself love, they will never feel from you your love. I'd suggest to you that if those two things or one of those two things don't happen, you will not meet or if you do meet, you will not be with your soulmate as a result.

The same applies with our relationship with God. If we don't have a longing, our soul is not open to receive the Love. The Love is right there waiting to enter but it cannot enter. It will not enter and cannot enter. God honours your feelings. God honours your will, how you exercise your will. Many of us are still exercising our will to block out the Love. As a result, we're not going to feel any. And then we'll say, "Oh but I've tried," or, "Oh but I think these teachings are not very real," or whatever, but the reality is we just have to have a longing and once we do, we will start the feelings. If you're humble, you'll allow them to go on and on and on, but the will has to be expressed in the longing.

19. Closing Words

Well what I would like to do is leave it there tonight and tomorrow what I'd like to do is talk more to you about the science of prayer and how it works so that we understand it a bit better and also can start to maybe feel it a bit better. So it's one thing to get it in our mind, but quite another to actually feel the truth of it in our heart. So what I would like to do tomorrow is discuss more about this avenue of prayer and then talk about how faith influences our desire for prayer. In other words integrate the two qualities that we've been talking about for the last two or three times we've gotten together.

So thanks for your time tonight, guys, and we'll see you tomorrow if you want to come. (Applause)